

E. XIV. 17/4

is cold wind reach you through a hole
ye make your will and mind your soul
be like a well bred man before
he enters the house knocks at the gate
knocks at the window knocks at the door
cries at all corners hark i wait

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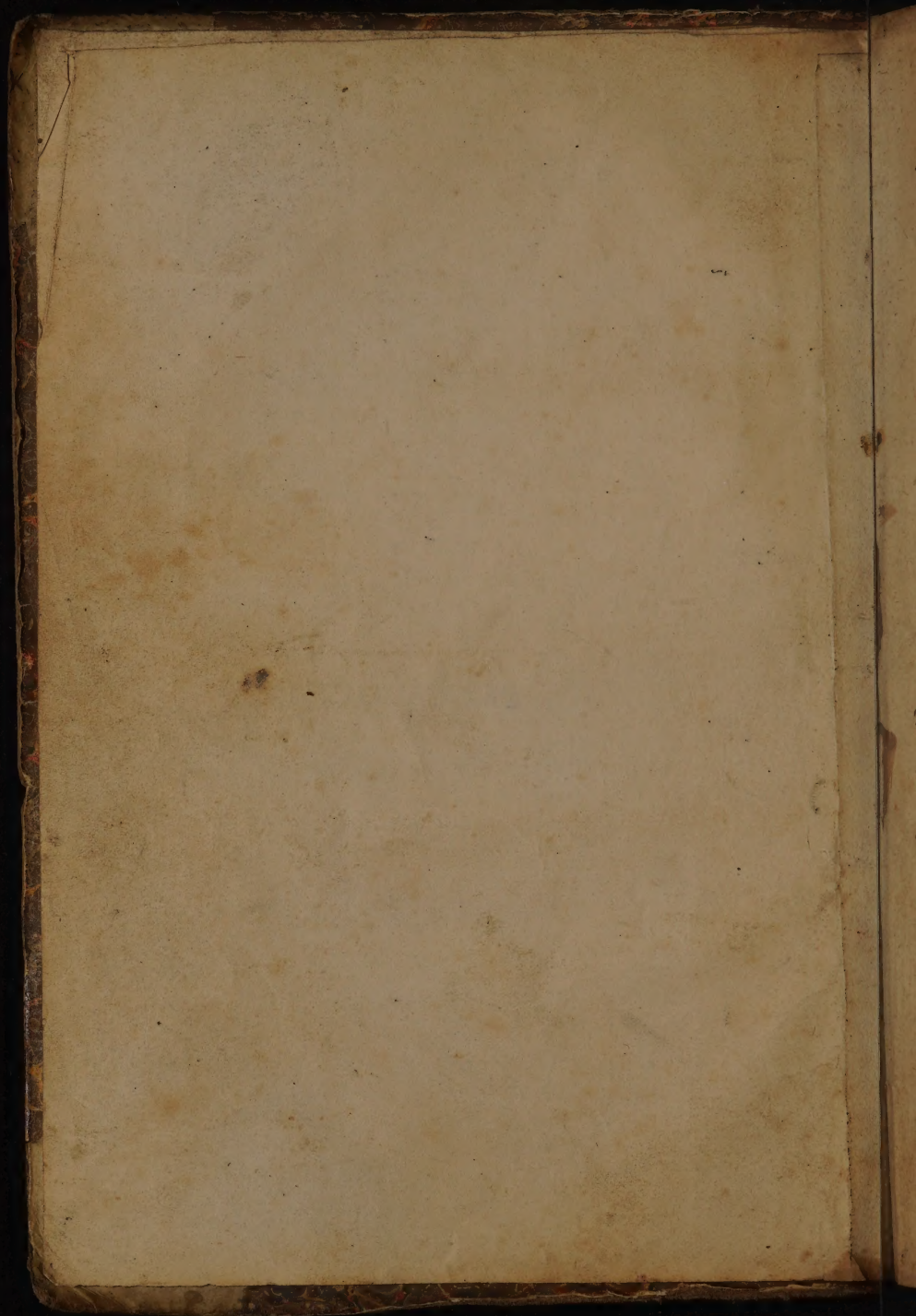
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It's old and I'm a child
I'll go make your wish
your soul like life a war
before he enters the door

PERCY C. COOLES

57m 289



ΠΟΛΥΕΡΜΑΚΟΣ καὶ ΧΥΜΙΣΤΗΣ:

Or, The English unparalell'd

PHYSITIAN

AND

CHYRURGIAN:

Shewing

*The true Use of all manner of PLANTS and
MINERALS,*

In which is Explained, *The whole ART and SECRETS of*
Physick and Chyrurgery.

Wherein is contained,

1. *The cure of any Internal Disease, which hath taken effect, and brought forth Symptoms, either outwardly or inwardly, in the Head, Stomack, Back, Belly, &c.*
2. *The making of diverse rare and excellent Balsams, Oyls, Plasters, and Waters, with the effects thereof.*
3. *The making, and use of Purges, Vomits, Drinks, and Clusters, according to Rules of Physick and Astrologie.*
4. *The nature and temperature of Herbs, Plants, and Vegetables, and the use thereof, and the Influence of the Planets as well over Herbs and Plants, as over the Bodies of Men.*
5. *The way to extract the Spirits and Quintaeences of several sorts of Herbs and Minerals, and the rare Operations they have.*
6. *The making of Salt of Wormwood, Balm, or any other Herb.*
7. *The Cure of any Wound, Contusion, Puncture, or Ulcer in any part of the Body. All which have been prescribed and practised by several Learned Doctors and Chyrurgians.*

By D. BORDER, Practitioner in Physick.

L O N D O N Printed by B. Alsop, and are to be sold at his
house in Grubstreet, near the Upper Pump. 1651.

PHYSICIAN OF THE HOSPITAL


PHYSICIAN

CHURCHMAN



To the Right Honourable the Lord
BRADSHAW Lord President of the Coun-
cel of State, &c.

My Lord,

 hath been the general practise of writers, to dedicate their books of Art and learning, to learned and honourable persons, under whose patronage they are protected, find the better acceptance abroad, and the instruments attaine the opportunity to acknowledge their duty and thankfulness to those whom they reverence & honor. The last whereof was the cause that brought these things into a book, and the book unto you.

The main subject whereon it consisteth, is, the very Quintaesence of *Hypocrates*, *Galen*, *Iouberius*, *Paracelsus*; and other learned men of these latter times, which for the most part have been experimentally tried and approved excellent, though in generall they have been kept secret and hidden from the publick; for whose good I have taken some pains to put them into such a method, that all that have need may receive benefit and comfort. Having such a Talent in my hand I thought it my duty to improve it to the best advantage of the republick; for herein the rich may at least take delight, the middle sort gain knowledge and experience, the poor find relief, when they want money to seek for other help, and all sorts of people remedies against all kind of maladies, sicknesses or diseases incident to mans body, if they be carefully administred and applied, according to the di-
A 2 rections

The Epistle Dedicatory.

rections set down, for here is variety of medicines according to the nature of the disease, whereas some Emperick of our time, have but one plaister for all sores.

Here is also set down certain rules and directions for Physitians and Chyrurgians which are no lesse necessary to be known, then the subject or matter on which they are to work; for I find it recorded, that *Paracelsus* did more good in his time, by making known the *Theorie*, then *Gallen* did in all his life, which more then doubled the years of *Paracelsus*.

Non nobis solum nati sumus, &c. is a true position, and was never more really practised then by your Lordship, whom God hath raised up to be a principal instrument to preserve this nations peace and tranquillity: and for this cause the whole Common wealth challengeth an interest to your honour, and look upon you as their chief protector against the Common enemy, the great Physitian, to cleanse and purge the evill and maligne humors, which are apt to arise in the body politick, that the Godly receive comfortable and refreshing cordials, nay e-
vê the dew from heaven, under a flourishing pious ministry, in a land of peace flowing with milk and hony. And the great Physitian both of soul and body, preserve you with increase of honour, and length of days, which is the prayer of,

Your Lordships humbly
devoted in all service.

DAN. BORDER.



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Water that comforteth the Spirits,

helpeth the Palsie, &c.

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THE

A Table of English names of such Simples as are mentioned in this Book.

A

A Netum,	Anet or Dill.
Arthemisia,	Mugwort.
Apium rishe,	Chiverill.
Astrologia longæ,	Red-Madder.
Astrologia rotunda,	Gallingall,
Abrotonum,	Southernwood.
Allebrya,	Stubwort.
Avancia,	Bearfoot.
Alcia,	Holliheck.
Amarusia,	Dog-fennell.
Allium,	Garlick.
Auricula,	Moufe-ear.
Apium emò,	Crow-foot.
Apium ranarum,	Water Crowfoot.
Auriga,	Knapwort.
Anabulla,	Spurge.
Acus Muscula,	Ground-Meddle.
Arch-angell,	

B

B Alfamanta vel menta aquatica.	Watermint.
Balsamenta,	Horsemaint.
Barba Angeli,	Blind-nettle.
Bigula,	Buglas.
Bovibax,	Cotten.
Bursa-Pastoris,	Shepheards-Pouch.
Brauca,	Sea-Dock.
Borago silvestris,	Wild-Burrage.

Basilicon

The second Table.

Basilicon,
Cerpularia,
Colabria,
Bigona cucurbita,

C Heverfoil vel Caprifolium,
Columbaria,
Cicuta,
Centaurya major,
Centaurya minor,
Capilli veneris,
Crocus,
Canabarina,
Cepe,
Colubina,
Cardiaca,
Cicera,
Caulus Gallica,
Cembaria,
Consolida major,
Consolida minor,
Consolida media,
Citrago,

D Ragaacia,
Diptanum,
Deus Iconis,

E Nula campana,
Edera,
Edera terrestis,
Eufrebum,
Eleborus niger,
Epatica,
Epina,
Ebulus,

Dragons.

Wood Nip.

Woodbine.

Pennywort.

Hemlock.

Great Centory.

Little Centory.

Maiden-hair.

Saffron.

Wild Hemp.

Onyon.

Coltsfoot.

Cardiater or Elefpear.

French-peafe.

Cabage.

Pennyworth.

Red Deafie.

Bothem, or Deafie.

White Bothem, or Deafie.

Medewort.

Dragons.

Dittany.

Dandelion.

Elecampane.

Ivy.

Ground-Ivy.

Clarey.

Clove tongue or Podelion.

Liverwort.

Fox-glove.

The lesse Wallwort.

Enduna

The second Table.

Enduſa,
Lacituea,
Epatica,
Eupatorium,
Ambros,
Euſfragium,
Elleborus albus,

F

F Laminila,
Fuſmiſtere,
Fragia,
Flos unguentorum,
Fabaria,
Felix,
Filependula,
Feniculus Porcus,
Febri fuga,
Filago,
Flammula minor,
Flos campi,
Perifugio.

G

G Ratum ſolis,
Geneſtula,
Gracia Dei,
Gladiolus,
Garioſolus.

H

H Ypericon,
Herba celerata.

I

I Uſquianus,
Iris,
Iacia alba,
Ipia major,
Ipia minor,

Liverwort.

Wild-ſage.

Eye-bright.

Pellitory of Spain.

Spearwort.

Femitory.

Strawberry.

Flower of Oynments.

Brook-lime or ſaverole.

Fern.

Dropwater.

Swines-fennell.

Fetherew.

Field-water, or Horewort.

The leſſe ſpear-wort.

Horſe-cockle.

Horſe-gall.

Gromell.

Broom.

Fayour of God.

Flag.

Gilli-flower.

St. Johns Wort.

Chiverill.

Henbane.

Flower de luce.

Goose-gaſſe.

Pimpernel ſelf heal or waywort.

Chickweed.

Iacius.

The second Table.

Jacitus Rusticus,

Blew Bothem.

L

Lingua ceruma vel Scrophularia, Hearts tongue.
 Ligustrum, Primrose.
 Lingua canis, Hounds tongue.
 Labrum veneris, Sow-thistle.
 Lactuca silvestris, Wild Lettice.
 Lactuca leporica, Hare-thistle.
 Lolium, Cockle.
 Lappacium, Red Dock.

M

Mellilotum, Honey-suckle.
 Marubium album, May wort or white Hore-hound.
 Marubium rubium, Red Horehound.
 Masturcium, Town-cresses.
 Masturcium aquaticum, Water-cresses.
 Masturcium galicum, French-cresses.
 Masturcium pratium, Mead-cresses.

N

Nepta, Nep.

O

Oculus bovis, Oxe-eye.
 Ofinum, Myrtle.
 Orobus, Mowse-pils.

P

Papaver album, White Poppey.
 Polipodium, Oak-fern.
 Petrocilium, Parsley.
 Petrocilium egreste, Wild Parsley.
 Pes Pully, Colts foot.
 Persutaria, Artimart.
 Pes arietis, Rams-foot or Iodewort.
 Plantago major, Planrany.
 Plantago minor, Ribwort.

Quercula major, Five leaved gras.
 Quercula minor, Germander or hair cloath.

Ruta

The second Table.

R Uta domestica, Rue.
 Rubea major, Red Madder.
 Rappaver, Radish.
 Resta bonis, Cammoek.

S

Saturion minor, Crowleek or harebell.
 Sigillum Sanctæ Mariæ, St. Mary's seal,
 Satureia, Savory,
 Semperania, Sengreen or Howfleek.
 Stafifragia, Stavel-acre,
 Speragus, Mawort.

T

Trefoil vel Mellilety, Three leaved gras.
 Tansecum, Tanhe.

The

The names of Herbs out of which you may by the rules set down
in this book extract Salt, or take the spirits of any of them
which is of very excellent nature and use.

B alm,	Sweet Marjerome,
Worm wood,	Fennel.
Rosemary,	Sage.
Angelica,	Costmary,
Cardus-Benedictus,	Wittony,
Mints,	Valerian,
Spike,	Sassafrage,
Clecampane,	Horehound,
Hyssop,	Colts-foot.
Winter-savory,	

Of these herbs following you may make sirrups which are of
great use in severall cases.

Harts-tongue,	Horehound,
Mugwort,	Mirtel,
Champeries,	Maudlin,
Epithimum,	Rubarb,
Hyssop,	Marsh-Mallows,
Wormwood,	Scurvey-grasse,
Comfrey,	Wittony,
Succory,	Liquoriz,
Waln,	Smallage,
Sparagus,	Fennell,
Barley,	Buscus.



The Chymicall
P H Y S I T I A N
AND
C H Y R V R G I A N .

CONTAINING

Many excellent Secrets, and approved Cures and
Remedies for all kind of Wounds, Pains, Aches, Diseases
or Sickneses incident to mans body.

CHAP. I.

The Description of an expert Chyrurgian.



Good and true Chyrurgian, is no other then
a minister and helper of nature: who hath
three operations to perform. in curing of
wounds; the first is, that he join the se-
parated parts close together: the second,
to preserve it from pain: the third, that he
keep it from putrefaction: all the rest he may leave unto
nature, which will work with good expedition. And this
is a sure intention concerning the cure of wounds: never
keep the flesh open with tents or pledgets neither break-
en nature, by letting of blood: or by purging nor yet by
strait diet to cause the pain to increase but keep the wound
always clean washing it with aqua balsami and lay upon
the wound, cloaths wet in magno licore. This is a good
and an approved order: whereof whosoever will know
more let him look in Leonardo Fioravanti his book, of Ra-
tional Secrets, where he shall be satisfied more at large.

CHAP. II.

The cure of all manner of wounds in generall.

All kind of wounds, may be healed with these medicines following (according to the method before mentioned) viz. with our ballamo, with Aqua ballami, balsamum artificiale, quintaessentia vini, oleum resinæ pini, oleum cera & terebinthinæ, magno licore, cerotum magistrale, elixir vitæ, oleum hypericonis compositum, flos ungucatorum, and Paracelsis.

CHAP. III.

The cause why wounds cannot heal quickly.

Though there be many more, yet chiefly they may be reduced unto two causes. The one is an inmoderate and extreame diet, which weakneth the stomach and body so much, that nature cannot prebail to conglutinate or solder the flesh together. And thus through want of natural heat, the wound falleth to impostumation, Gangrena, fistulae, &c. and can hardly be cured. The second is the keeping of them too much open, by reason of their tents or pledgets, so that they cannot join together again, but grow to Cancers, and Fistulae, whereupon many times the patient remaineth lame ever after, or else speedy death is the end thereof.

CHAP. IIII.

Of wounds in the head, how they must be dealt withall.

All wounds in the head must be close joined & kept together, the blood must be crushed out, then wash it wel, wth some thing that hath virtue to liquifie the blood, as the Quintaess. of wine, or such like. Then lay thereon lint, wet in oleum benedictum: this medicin you shal chāg in four days, but every day once wash the wound round about with that Quintaessence, and anoint with the said oil.

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oil, and at the fourth days end dresse it again, and let it remain two days moze and after that for a day moze, and the wound (by the help of God) shal be cured in xii or xiiii days. Thus may you deal with all wounds save those that are made in the belly. As for all other, either simple or compound wounds: you shal find their cure, methodically shewed, in the Rational secrets of Leonardo Fioravante published in English.

CHAP. V.

The healing of a grievous wound on the side of the head.

The wound was made on the side of the head, almost to dura mater: but it was healed in this manner. First there was put into the same the Quintessence aforesaid, then a little balsamo, then there was applied a cloath which was wet in magno licore, made very hot, upon which cloath was laid our secret powder, covered with lint, and thus he was dressed once every day, till he was whole. You must note, that whensoever the skull is hurt unto dura mater, there must be cast up at the nosegills, our balsamo: that the smell may pierce upward, and resolve the offence. Sometime also instead of a defensative you may anoint round about the wound, with the foresaid balm, which preserveth from putrification and alteration.

CHAP. VI.

A dangerous wound in the head cured in five days.

It was healed very quickly by putting therein our Aqua celestis and balsamo, and by applying unto the same very hot cloaths wet in magno licore.

CHAP. VII.

The cure of a wound on the ear to the skull.

A sore wound was made on the ear, which was cut unto the skull of the head, and was healed in this manner

first by anointing it with our Quintessence, which caused it to waie very hot, the space of two hours. After that, there was put in our oleum philosophorum, de teribinthina & cera, and so he dyessed it every day once.

CHAP. VIII.

How three wounds in the head, with fracture of the bone or skull were healed by, I. P.

A Certain miller in Buckinghamshire called Peter Bull, being sore wounded in the head, whereof one wound was in the midst of the head with fracture of the scull, another within an inch of that, six inches long, he had another wound over his eye brow, two inches long; besides the wounds in his head he had also a great wound in the bow of his arm, betwixt the elbow so that a man might have laid his three fingers in it. Others of his fingers were also cut, & he lost two joints: This man bled by the space of 7 or 8 hours, before it was stinted: neither was he dyessed untill the next day, but yet he was cured in this manner: First the hair was shaven away, round about the wounds on his head, and the wounds were made clean, then was there dropped into the wound balsamum siluris, made very warm: and a fine cloath wet therein was applied to the wounds, and round about the wounds there was a defensive applied: thus he was dyessed once in 24 hours and within the space of three weeks, he was perfectly helped, that he did wear no plaister at all; also you shall note, that upon the wound next the cloath, there was laid cerotum magistrale: forget not that this balsome be always used warm with a fine linnen cloath or a peece of Cambrick, and not with any lint: this balsome did cause the hair to grow so fast about the wounds, that it was faine to be shaven away very often.

CHAP. XI.

CHAP. IX.

Of contused wounds on the head, or other parts of the body.

The ancient practitioners, have esteemed contused wounds to be very dangerous; for they say, contusions must first be brought to putrefaction, & turned into matter: which opinion is not to be allowed, for the bruises are to be dissolved without maturation which hath been a thousand times proved in the wars, after this manner to have been performed. Recipe, magno licore, oleum benedictum, of each alike mixe them, & being very hot wet cloaths there, in & lay thereon twice a day and in 3 or 4 days they will be dissolved; also the oil of Frankincense, or oleum philosophorum de tereb. & cera, will dissolve any simple bruise in 3 or 4 hours, onely by continual anointing the place therewith, so fast as it drinketh in any. Provided that the bruise be not above 6 or 8 hours old, for if it be, then will your work be somewhat the longer, before it be finished.

CHAP. X.

A contused wound in the head, healed by, I. P.

A young man of 28 years of age, that had a great contusion on the head with a staffe, was helped thereof in nine days, by applying thereunto ballamum sulfuris, before mentioned.

CHAP. XI.

A wound in the head, with fracture of the skull cured by, I. P.

A little boy with a fall from a horse, had a fracture in the skull, which was healed with ballamum sulfuris, & cerotum magistrale Leonardo. The child did at his dressing vomit very often, which argued the breaking of his skull, yet was he healed in seven days.

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CHAP. XII.

To heal wounds speedily.

First wash them very well with our aqua ballami, then join them very close together, and lay thereon a cloth wet in oleo resinae pinis: and (through Gods help) they shall quickly be healed.

CHAP. XIII.

To heal wounds, by shot, or lance.

He that will cure wounds, that are made with shot, lance, arrows, &c. must first wash the wound well with urin, and dry the wound wel, then let him put therein the Quintess. of wine, and forthwith join the wound close and hard together. Then let him put immediately therein. five or six drops of our ballamo artific. and lay a cloath upon the wound, wet in magno licore, which must be applied so hot as he may suffer it; thus must he do the first day. That being done, he must put thereon our Quintessence of wine, and then a little ballamo, after that some magno licore (as befoze said) and so let him hold on to the end of his cure.

CHAP. XIII.

A most singular and wonderfull remedy
to heal wounds quickly.

Wounds must be holpen with drying medicines, (as was noted in the third Chapter) such medicines I say, as have virtue, to preserve the part offended from putrefaction. This will be performed, w our aqua balsam, & the oil distilled from vernice liquid: for these two, are apt to heal all sorts of wounds: if ye wash them with the water, and anoint them round about with the oil: for they do not onely keep the wounds from putrifying, but they help to cicarrise quickly, and in such manner, as it seemeth

seemeth marvellous, most profitable for the wounded patient, but best for the good and honest Surgeon, which abhorreth in his works to play the tinker, which in stopping of one hole is wont to make three, but with as much safety and speed, as nature and art will yeeld, to bring to passe all his honest intentions.

CHAP. XV.

A wound in the eye, with a splinter
healed by *W. H.*

A Splinter of wood leapt into the eye of a certain maiden, as she was chopping of sticks. The wound was so grievous, that the gelly of her eye came forth, by the space of a moneth: all this while, she could neither see, nor take any rest. By the blessing of God within four days after she could thred a needle, and was recovered in this manner. First there was dropped into her eye, balsamum sulfuris warm, and then a cloath wet therein, was applied thereunto, by which only she was cured: the maid dwelleth in Nottinghamshire.

CHAP. XVI.

A prick in the eye with a knife, healed by *W. H.*

A Child of seven years of age, had a pundure in the eye with a knife, which was cured by dropping therein, balsamum sulfuris warm, and laying a defensative round about it.

Another cure performed in like manner by *W. H.*

Ope George Clark, servant to the right worshipful Mr. Butler of Denham (then high Sheriff of Bedford) was healed of a pundure in the eye with the foresaid medicine.

CHAP. XVII.

An hand flat squatted, and contused, healed by. *W. H.*

A *P* old man, called Thomas Smith, of Carlton in Northamptonshire, husbandman, in lopping of a tree had his hand caught betwixen two boughs, and was squatted in pieces; this contused hand, was presently put close together, and anointed with oleum philoporum de Tereb. & cera, and through Gods goodnesse, was perfectly cured in eight days.

CHAP. XVIII.

A wound or puncture through the Arm, *I. P.*

A *y*oung man called Hedson, a Carpenter of Carlton in Northamptonshire, being thrust through the arm with a pitchfork, was thus cured. First there was injected in gno licore, as hot as he could, bide it into the wound. Then there was a linnen cloath wet in the same oil, applied unto the wound, upon the which cloath, was also laid a pledget of cerocum magistrale: this wounded man was healed in five or six days.

CHAP. XIX.

Five wounds in the brest.

A *C*ertain man that had five stocadoes into the body, was thus cured: First, there was put into the wounds the Quintessence of wine, then were the wounds dressed, with balsamo artific. which caused him to vomit, and to avoid much bruised blood. After that he drank every morning a little aqua balsami, and in short time by Gods help was perfectly cured.

Verbum ſapienti ſat eſt, and a man may know by the half, what the whole means. By theſe few experimented ſecrets, you may proceed unto the cure of any wound, contuſion, or puncture, in what part of the body ſo ever they ſhall be. The things wherewith you are to work, are *baſamum ſulſuris, oleum philoſophorum de Terebinthina & cera, cerotum magiſtrale, &c.* therefore let us proceed unto the experimented ſecrets, concerning Ulcers, and Sores, either ſimple, or complicate with diſeaſes, as they have been obſerved by thoſe which have proved them.

CHAP. XX.

The healing of ſore mouths.

The Ulcers and Sores that have been in the mouths of young and old. have been healed, by the loſion or gargarism, made with plantain water, honey ſuckle water, and barley water, mixed with ſaccarum Saturni.

CHAP. XXI.

An Ulcer in the upper lippe.

A Certain Doct^r of London, having an Ulcer on his upper lip, which was like a Cancer (ſome called it *Noli me tangere*) continually running, with filthy ſtinking ſanies, was thus cured. Firſt he was purged, with *Turpetum minerale*; then was the ſore dressed with this medicine.

Take Aloes loræ, half an ounce, ſalis preparati, two Drams, Mellis, four ounces, miſce, & utere.

CHAP. XXII.

An Ulcer in the throat, ex Morbo Gallico.

A Young woman, that was much troubled in the throat, with a grievous Ulcer, was thus cured. First she was purged with Aromatico, and twice or thrice with our Quintaessence solutive, mixed with syrup of roses. then was the soze touched with aqua realis, two or three times, with a little lint, & lastly she used this gargarism.

Take Mellis rosarum two ounces Diamorum two ounces and a half of honey suckle water, five sunces, oleum vitrioli as much as will suffice to make it tart: this hath been often proved in dangerous cases.

CHAP. XXIII.

The healing of a scald head.

A Woman had all her head, covered with a most filthy scab, which was dry above, and moist underneath, very noisome to behold, who could neither be healed by purging, or locall medicines, that were used till this medicine was applied unto her. Once in a day, oleum ligni guaiaci, was applied, and in short time, the scab fell away, like a scull of an head, and there began hair to grow underneath it: this cure was performed in twelve days.

Another cure performed upon a scald head.

A Maiden of eighteen years of age, having a huge great scab upon her head, was cured (after she had taken one dose of Aromatico) by often washing the part affected, with Mater balsami Fioravante.

CHAP. XXIII.

An Ulcer on the thumb.

One had such a filthy & stinking bicer on the thumb, that the Chyrurgians would have cut off the whole thumb.

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thumb. This party was afterward cured, by the application of Fodicationum emplaftri.

CHAP. XXV.

An Ulcerated legge ſwolln.

A Young boy that had an ulcerated leg wonderfully ſwolln, was thus cured. He receiv'd at two ſeveral times Quintaeſſence ſolutive, with Syrup of roſes. Then were the ſoꛑes waſhed with ſalt of bitrioll, diſſolved in plantain water: a cloth being wet therein, and applied thereto morning and evening.

CHAP. XXVI.

Two purrified Vicers on the leg, healed by I. P.

Firſt this patient was purged with Aromatico Leon, once or twice: then his ulcers were dressed with this unguent made of rubified bitriol: and a cerot, called the great Cerot. This was applied unto the ulcers, with a pledget of lint & was ſuffered to lie 24 hours which moſtified the ſoꛑes. Then was moꛑe of the ſame unguent applied & with an inſtrument the eſcare was looſed round about, and in thꛑes or ſour days the eſcare came away eaſily, with a pair of Bullets: then he healed it up with magno licore, & ſaccaum plumbi, within a while after.

CHAP. XXVII.

Three Ulcers in the leg, healed by W. H.

A Certain woman of Bedford, had thꛑe ulcers in her leg who had ſought her cure at the hands of divers, the ſpace of 4 years, but could find no help yet. She was afterward cured in this manner: firſt ſhe took in the morning faſting Aromatico Leonardo, which evacuated her ſtomack and belly. Then was there applied unto 5 ſoꛑes ſaccaum plumbi, thꛑe or ſour days together, which cauſed

every day, a certain thin skin to come upon the ulcers, much like the film of an egg, the same skin was take away every day. With this medicine following, it was dressed the fourth day: which caused it to look fair and red, the next dressing: and so in short time it was perfectly cured. To one spoonfull of magno licore was put as much saccharum Saturni, as would lie upon a three pence: and so it was incorporated warm: y^e sores were dressed therewith every day.

C H A P. XXVIII.

The cure of old rotten sores, by *W. R.*

A Certain old woman, did in this manner help divers old sores in the body: first she purged the patients, and then she applied this unguent to the sores. Take a pot of strong ale, and set it to boil over a gentle fire, till it was thick like a salve, and then use it. At the first this medicine will smart, and be somewhat painful to bear, neverthelesse it will cleanse and heal.

Note.

Also a friend of mine told me that the juce of *Paris* gold leaves, or the leaves, boiled to an unguent, will heal all ulcers and wounds.

C H A P. XXIX.

The healing of Ulcers in most parts of the body, but chiefly in the head by, *W. H.*

A Certain mā being full of ulcers, coming of the pocks, in most part of his body shewing themselves, but chiefly in the head, was cured in this manner. First he was purged twice or thrice, with *Panchimagogon*, after that, he kept his chamber (that had a good fire in it) and took six grains of *Turpetum diaphoreticum*, mixed with 1 dram of *Amuletum Palmarij*. Half an hour before, he took a draught of fat broth, and kept his bed: and always as he vomited, he washed his mouth, with a convenient gargarism and sweat

sweat thereon one hour or two, and then was dyed with warm clothes: that done, he reposed a day or two, and took the foresaid Turpetum again, in manner aforesaid: this he did three or four times. In the mean while, he anointed his fingers with oleum guaiaci, which did both cleanse and heal. Also divers times, he used this potion in the morning, which caused him to sweat. Take 2 ounces, of the water of lignum vitæ, made by distillation, and as much of the Syrup of sumitoy, and 1 scruple of the salt of lignum vitæ, mix them warm, and drink it fasting. Thus in very short time he was cured. This one thing must not be forgotten, that when there shall come any inflammation or soresness in the mouth you do use this gargarism following. Take plantain water, hony suckle water, of each 4 ounces, barley water 6 ounces, mel rosarum 2 ounces and a half, Diamorum 2 ounces, oleum vitrioli, as much as will make it tart: this will heal any sore in the mouth. Remember also, that if the ulcers be very corrosive and foul you shall touch them once or twice with oleum vitrioli or oleum tartari fixens, whereby they will heal the sooner: this hath been often proved.

CHAP. XXX.

The healing of scabs like the leprosie by G. M.

A Young man which was thought to be infected with a leprosie, had on his head and most parts of his body, hard and dry scabs, but he was cured in this manner: first he was purged with Aromatico Leonardo once or twice. Then every morning till he was cured, he took 1 scruple of the extract of Camepiteos, either in a pill or in drink as he thought good. After that his sores were dressed, with this unguent. Take succi sempermui 2 ounces, succi plantaginis 4 ounces and a half, succi solani, 3 ounces, sacchari Saturni 2 ounces and a half, mix them, and stir them well together over a gentle fire, till all the saccharum be dissolved, and therewith dresse the sores twice a day.

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CHAP. XXXI.

The healing of a Child that was full of vicers,
coming of the pocks.

A Young child four years old that was grieuously tormented with the French disease, having extreame pain in his body, and being full of sores, was thus cured. Take the distilled water of lignum vitæ, 1 ounce, salis ejusdem, 1 dram, mix them, and thereof the child drank, with syrup of sumitoy, or hops, morning and evening, and sometime the child sweat thereon. Also the sores were anointed with this unguent. Take oleum guaiaci half an ounce, balsamum sulfuris half a dram, saccharum plumbi half a dram, oleum camphoræ, five or six drops, the caput mortuum of aqua fortis 1 scruple, mix them wel, and grind them one a stone, with May butter, and therewith the sores were anointed morning and evening.

CHAP. XXXII.

A Cancer cured by an old Emperick.

A Certain Emperick did help many cancers, in divers people (that were troubled with them) after this manner. He took certain worms, called in latine Centumpedes, in english sowes: they are such as lie under old timber, or betwixen the bark and the tree. These he stamped, and strained with ale, and gave the patient to drink thereof morning and evening. This medicine caused many times a certain black bug, or worm to come forth which had many legs, and was quick, and after that the cancer would heal quickly with any convenient medicine.

CHAP. XXXIII.

The healing of pocky pustules, with Serpigo, by W. H.

A Certain man having a number of sores, all over his body, and a serpigo in the palm of his hand, so grievous that

that a man might have laid great straws therein, was healed in this manner: first he was purged three times, with six grains of Turpetum minerale Phædronis, mixed with half a dram of Amuletum Palmarij. That done, he anointed all his sores twice or thrice with oleum Tartari factens: afterward with unguentum ex Lithargirio Fioravanie. Now touching his hands that had the serpigo, he held the morning and evening over a bath of oats, and other warm herbs, that they might sweat; and then anointed them with balsamum sulfuris, and in a short time they were helped. An unguent made with saccharum Saturni, and oil of roses, will do the like effect.

CHAP. XXXIV.

A tetter or ringworm cured by, W. K.

There is a certain woorm or tetter which many times cometh on the back of the hand or arm, and doth corrode like a serpigo, but it is none, which (after the use of many other medicines) hath been cured in this manner. The place was anointed five or six times a day, with the syrup of sugar, that the woorm might come to the upper place of skin: then within three or four days after, he anointed the place with oleum Tartari factens: and in short time he was cured, though his disease had continued three years, coming and going. Some have killed the woorm, with oleum vitrioli.

CHAP. XXXV.

A man cured that was full of tetter.

This was the manner of his cure. He took the rennes of a calf, and drank it in milk three or four times, and sweat thereupon: then he anointed the parts affected, with saccharum Saturni, mixed with oil of roses warm.

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CHAP. XXXVI.

Tetters in womens breasts, oftentimes cured as followeth.

They took five spoonfulls of Padder, and boiled it in ale, and then strained it clear, without pressing it at all, and drank thereof, three or four mornings. Then with the foresaid ointment they used to anoint the parts grieved, and thereupon (with Gods help) were quickly healed.

CHAP. XXXVII.

The healing of Shingles,

They took for them Doves dung newly made; and barley meal; stamped them well, and mixed them with half a pint of vinegar: they used it cold to the place grieved and applied vine leaves (to keep in the liquor) round about it, then they bound it up with clothes, and suffered it to lie three days, and then (if need were) refreshed it again with a new plaister, and at the most with the use of three applications, it was perfectly holpen.

CHAP. XXXVIII.

The healing of a plague sore by W. K.

He took of elder leaves, as much as was sufficient he stamped them very wel with dry figs, and put there to auxungia porcina, and applied it warm to the sore, three or four times a day, and it quickly brake it.

CHAP. XXXIX.

Scabs, and itch, with small pustules, taken quite away by I. H.

A Certain man greatly troubled, with itch & pustules, in his hands, proceeding of a dissolved salt in his body could

could find no help, till he uſed this courſe. He took Pan-
chimagon twice in thæe days: that done, he waſhed his
hands, with the ſalt of vitriol diſſolved in plantain wa-
ter, and ſhortly after they went quite away.

CHAP. XL.

Three deep Fiſtulaes in the breaſt,
cured by W. T.

There was a certain man called R. B. dwelling in
London, which having thæe deep fiſtulaes in his
breaſt, had been long under the hand of unſkilfull Chy-
rurgians, conſuming both himſelf and his ſubſtance: but
afterward by Gods help he uſing this courſe was cured.
Firſt he was purged every ſecond or third day, for 5 or 6
dayes together, with Turpetum minerale Phædronis, recei-
ving thereof five or ſix grains in Amuletum Palmarij. Af-
terward he was cauſed to ſweat five or ſix times with this
poſſion following.

Take the diſtilled water of lignum vitæ two ounces,
ſalis ejuldem 1 ſcruple, water of Carduus benedictus 2 oun-
ces, which being mixed he drank it warm in the morn-
ing, and ſweat thereon two hours. After he was purged,
he dreſſed the fiſtulaes two hours with this unguent
untill they were mundified upon tents of ſhæe leather.
When the fiſtulaes were cleaned, he dreſſed them onely
with Emplaſtum Fodicationis (being made liquid, to wrap
up the tent with) till they were whole.

The mundificative ointment was this.

Take oil of war, of ſuccinum, of guaiacum, oleum hype-
conis compositum, of each 2 ounces, mix them without fire
and uſe it with the aforeſaid tents. Alſo you ſhall note,
that he drank no other drink then this, all the while.
Take lignum vitæ, the bark, ſaſaparilla of each 4 ounces,
the

the roots of Tormentill. Bistorta, virga pastoris, liquoize of each 2 ounces, Juniper berries 1 ounce, Mallow leaves Senicle. Alchimilla Bugwort, Hypericon, Bru-nella, Comferry of each 2 handfuls. Bring these into powder and for every gallon of new tunned drinke, adde thereto, two or thre ounces of this powder, in a linnen cloath: let it be stale, and let him drinke thereof.

CHAP. XLI,

The cure of Lichen or Impetigo, by M. K.

A Certaine maiden sixteen yeares old, had all the flesh on her thumb, and foresinger eaten away, with the foresaid disease: which was cured by drawing there-on, laccarum Saturni, and applyeing thereto Cerotum magi-strale Fiorayante.

CHAP. XLII.

A great Wenne taken away, by W. H.

One that was troubled with a great wen, had it take away, by washing it with strong lie made of shen ashes. I have been told since of a certain, that if ye rub the wen often with the hand of a dead man, untill the wen was hot, it will consume away in short time after. Some roast an egge hard, and cut it in the midst, and lay it thereon, and using this often the wen will wear away.

CHAP. XLIII.

A Medicine for the piles, and for St. *Anthonyes* fire, for the scalding of childrens water, to cool skin and heal all inflammations in elder persons.

Take three or four pound of butter fresh from the Cherm, without any salt, set it on a few embers either

either in an earthen or ſilber pot, and let it clarifie untill it be clean, ſcum off the top and pour it into an earthen pot, and put to it as much of the flowers of elders picked from the ſtalks, and of the green freſh leaves, and of the inner green bark, the ruſſet outſide being ſcraped off, of elder and barks of each a third part, ſo that there be two parts of leaves and barks, and one of flowers, chop the leaves and barks reaſonable ſmall, put them all into the clarified butter, and ſet it on ſome embers and let it ſtew ſoftly a good part of a day, there muſt be as many hearbs as will go into the butter, it muſt be very green if once doing will not ſerbe you muſt do it twice, when the hearbs grow hard in the butter, then they are boiled enough, when it is almoſt cold, you muſt put in two pretty ſpoonfulls of fine ſearced ſugar, and ſtir it well together; if the ſugar be put in befoze it be ſomewhat cold, it will ſtick to the bottome and ſo do no good. keep this in glaſſes or pots for your uſe, for the piles lay a little lump upon a double rag, and apply it to the place.

CHAP. XLIII.

The making of a moſt excellent Searcloath or
Plaſter.

OP I. Barber, aged about fifty, by an old bruise had his leg rankled, and a tumor fallen down into it, whereby the fleſh was eaten away to the bone, and was cured with the applying this Plaſter or Searcloath.

Take a pound of Bolealmonack, and a pound of Red-Lead, and pound them in a Mortar very fine, and ſearce them through fine ſilk ſcarcer and when they be ſearced and mingled together, put them into a ſkillet, and put thereto as much ſallet oil as will waſh it throughly, and ſet it over the fire in a braſſe ſkillet till it begin to boil, then adde a ſpoonfull or two more of oil to it, and

seeth it to thicken it again. and then adde a little more
 oil again. and still let it seeth upon a very soft fire, stir-
 ring it continually with a silver or brasse spoon, and so
 feed it still with oil. untill it come unto the perfection of
 a salve, which you shall know by the wetting of the end
 of a white linnen rag in it, and taking it out till it be cold
 for when you perceiue by the rag so dipped, being cold;
 that it feeleth oily and wet, then by that you may know
 that it is not yet come to perfection, and therefore you
 must let it boil more till it come to a better perfection;
 euer and anon trying the cloth in it, which cloth you may
 afterward make a sear-cloath of, it must not be any hard
 cloath but soft, it will be somewhat above half an hour in
 boiling and it must be always stirred and when it is boi-
 led to the perfection; dip your cloths througely in it, and
 so take them up and let them cool and then role them up
 together, and wrap them up in lether made of sheeps skin;
 let the lether be white, it will keep good so 7 years, if you
 keep it close, and if it grow dry anoint it over with a sea-
 ther dipped in sallet oil. when you apply this sear-cloth
 to any wound or soze, warm the sear-cloth before you lay
 it to it, and put so much white leather one the back side
 thereof, as you put sear-cloth, and so when the one side is
 worn long, you may use the other side to it, if the sozes be
 many, and do stand close together, cut little pierces of the
 sear-cloth and lay them upon each soze, and then lay a big
 piece of sear-cloth over them all, but let not the great
 piece be bigger then to cover the sozes, except the sozes
 have much swelling about it, and in that case let it be
 bigger, the wound must be dressed morning and even-
 ing with the same sear-cloath, onely every time it is
 dressed wipe the corruption off from the sear-cloath,
 which it hath drawn from the soze, and so lay it on a-
 gain, if the wound be rotten and stinking. you may
 change the lesser plaisters which are next the sozes once
 a week, but otherwise you may continue to use the same
 a fortnight or better, but still at ebery dressing cleanse the
 filth

filth off from them, it wil take away the rottenesse, and draw out the filth and heal it. but it wil not heal it till it have fully cleansed and drawn out the corruption, neither will it suffer any proud flesh to grow therein.

The rare effects which have been wrought by this plaister is hardly to be expressed, and after good proof thereof Mr. Cradock of Cambridge, gave 8 pounds for the Receipt.

Thus much briefly, is expressed and declared concerning wounds and ulcers: wheresoever they be, or howsoever they arise, by which examples, the judicious practitioner may undertake other things, which are not here mentioned. It followeth now (in manner aforesaid) to set down the observed practises of those that have cured internall diseases, which have taken effect and brought forth symptoms, outwardly or inwardly.

CHAP. XLV.

Of the cure of grievous aches and pains, performed by W. H.

A Certain man was greatly afflicted with divers woollfull aches and pains in his shoulders, who was cured by receiving a dose of Aromatico, and by application of emplastrum fixidum, unto the grieved part.

CHAP. XLVI.

The healing of aches coming of the Pocks, by W. H.

One of a very dark and melancholly complexion, to whom some men in London, had given the fume and the unction three or four times: and yet left him possessed with most pitifull aches and pains in his joints: who for want of maintenance was inforced to go into the countrey where he was born, and was there pitied of an honest

Gentleman, which cured him in this sort. First he purged him twice or thrice with Aromatico Leonardo. which done, he took for three or four days together half a dram of the extract of Hermodactiles, with white wine. Then unto the particular parts that were grieved, apply emplastrum ægidum, and thus, in short time he was healed thoroughly.

CHAP. XLVII.

A notable experience of a medicine that hath brought great ease, to any great ach or pain, as of the gout or otherwise,

Take one or two of the foremost sucking whelps of a mastiffe or bear bitch, kill them, and take forth the guts fill them with black snailles, roast them, and baste them with 12 ounces of oil of spike, coloured with saffron. Reserve that which droppeth from them, and mix it with as much oil of wax, and therewith anoint any ach or grief.

Another remedy against an ach.

Take a pound of Sage-leaves, a pound of Rue, half a pound of Wormwood as much Bay-leaves, boil all these in Smiths-water, and apply them hot to the place.

CHAP. XLVIII.

A particular way whereby the pain of the gout is soon eased and prevented.

Take minium the yolk of an egge, oil of tartar, oil of roses, as much of each as you think sufficient, and with a little saffron make it in form of a plaster, and lay it on cold. There was a Gentleman grievously vexed with the gout, who was in this sort soon eased. First when he supposed that the pain would come, he took a dose

dose of Aromatico Leonardo: then the next day unto those grieved parts he applied this plaister. Take a pickle herring, and cut forth the bone, stamp it very small with a little Bolearmoniack, and rose water, and apply it cold to the grief from place to place as it goeth. Many men, after they have been well purged, have had great ease by anointing the place three or four nights together with aqua ballami Fioravante. Also oleum ceræ, is very profitable in that case.

Another for the same.

Take two quarts of pure libe honey, and two pound of Sage-flowers, and distill them in a rose-water Still with a soft fire, and drink every morning ten or twelve spoonfulls fasting, and fast an hour after, and it will marvellously abate the humour, and give ease unto the party grieved.

Another for the Gout.

Take a red woollen cloath, lay pitch upon it, & melt it against the fire and make a Plaister of it, and lay it to the place as hot as you can suffer it, and when that hath lain all night, make another plaister as aforesaid and lay to the place.

CHAP. XLIX.

The cure of goutts, and all other aches coming of heat, by L. F.

First the party is to be purged with Aromatico, then this plaister applied, which is attractiue, resiccatiue, resolutiue, as being intentions far better fitting that purpose then any other. Take the marrow of the bones of a calf newly killed 1 pound vitrioll in manner rubified, 1 pound and a half, Cantarides in fine powder, 1 ounce the

the ashes of the vine, 6 ounces, mire them all on a small fire, untill they be incorporated, then with oil of war, make it in a liquto ointment, and spread it on a cloath, and lay it on cold. And when it waxeth dry, chafe it till the pain be ceased: this hath eased many in a short time.

CHAP. L.

The remedy against the Scorbute or Scurvy,
and the gout, by W. T.

A Young man of 26 years of age, mightily troubled with the gout and scurvy, was after this sort cured. First he was purged with Aromatico Leonardo. Then he used the purging drink every morning, that he might have each day three or four stols. At night he took two ounces of the distilled water of lignum vitæ, with 1 ounce of the sirrup of Coustips. Also he used to eat these conserbes following mixed together. Take conserbe of Coustips 4 ounces, of sage, of rosemary flowers, of each 2 ounces, of red roses, 1 ounce; the quantity which he took at once was as much as a walnut. Also he anointed the grieved parts with this unguent. Take auxungia humana distilled two ounces, oil of Turpentine two ounces, of war half a dram mire them together. Also in his usuall drink which he drank with his meat, was mixed Chamepiteos, Sage, Rosemary, Befeany: this was the purging drink. take the strong decoction of lignum vitæ, put therein of the leaves of feva, four ounces, Epithimium, two ounces, Hermodactiles, four ounces, Turbich, one ounce Coloquintida, half an ounce, let them stand in warm sand 24 hours and strain it, this he drank in the morning fasting.

CHAP. LI.

Tumors in all parts of the body taken a-
way by R. A.

This medicine hath been ſo well approved, that it were infinite to recite the number of thoſe that have found comfort by it. The party muſt firſt be purged twice with Aromatico Leonardo, then give unto him two ounces of Quintaeſſence ſolutive, with one ounce of ſyrup of roſes, four or five mornings together: and after it drink a little good broth made ſweet with ſugar: that done, drink this water following. Take Herbe grace, Sothernwood, Bugwort, Wormwood, of each one handfull, Juniper-berries, three or four handfulls, cut the herbs and bruife the berries, and infuſe them in a gallon of white wine vinegar, 24 hours in a warm place. Then diſtill it with a gentle fire: this done, take that diſtilled vinegar, and infuſe therein freſh herbs and berries, and diſtill it again as befoze. At the laſt infuſion, you ſhall put therein four ounces of good Spirituale, or Triacle, and diſtill them together, and keep them cloſe for your uſe. Theretoſe the patients took at four a clock in the morning four ounces very warm, whereupon they laid them down and ſweat, two or three hours, alway wiping it away with warm cloaths. Every ſweating time they changed their ſhirts. When this medicine was miniſtered to a woman, ſhe took but two ounces thereof. In this ſort are cured not onely Tumors, but ſozes, puſtules, fevers, jaundies, gripings, emroids, Piles, &c. and ſuffereth no groſſe kind of humour to remain in any part of the body, making the ſkin alſo clear, ſoft, and ſmooth,

CHAP. LII.

Swelling of the cods mitigated and dissolved by R. 4.

A Span riding on a trotting horse, had his Cords swollen as big as ones fist, who was thus holpen. First he was purged once or twice with Panchimagogon, then this Cataplasim was applied warm unto the part, twice or thrice a day. Take the crums of broken bread, bean-flowr, of each as much as is sufficient, boil them with new wort; when it is almost boiled put thereto a little Comminsed, and a dish of fresh butter, and so apply it warm.

Another for the same.

Take a pint of pure honey, as much bean-flowr, and two spoonfulls of vinegar, of Comminsed 2 ounces, mixe them well together, and spread it on a cloath, and warm it a little against the fire, and apply it.

CHAP. LIII.

The cure of a painfull Ichiatrica, by I. H.

A Span that was grievously troubled with the Ichiatrica, was healed in this manner. First he was purged with Aromatico, then he took for five or six mornings together, two drams of Quintessence solutive, with syrup of roses, and after the taking thereof he drank a little sweet broth. That done, he drew a blister with Cantarides, and when it had run enough, he anointed the place, with oleum de terebinthina & cera, and in short time he was holpen: since which time many have also been helped of that grief, by anointing the grieved parts with Aqua balsami Fioravante,

Another

Another for the ſame.

Take an ounce of Dærs ſuet, and two ounces of the beſt roſin, and put it in a pipkin with the Dærs ſuet, and let them melt and boil together a quarter of an hour and moze, ſtirring it ſometimes in the boiling, and then take it off the fire, and pour it into a baſon of conduit water, or ribet water, and let it remain, till it be almoſt cold, then work it up into little roles with your hands, and let it lie again in the water, til it be thoroughly cold, after which lay it up for your uſe: and when you have need to uſe it, ſpread it upon white leather, and warm it befoze you lay it to the ſoze. Dzeſſing it evening and morning, this will alſo heal any green wound, without ſuffering any proud fleſh to grow in it.

CHAP. LIV.

An excellent remedy againſt the cramp proved often by R. G.

They that were infected therewith, did upon their bare ſkin and places grieved, wear the root of comon flag. Alſo the ſkins of twenty ſilver æls, new ſlean, and chopped ſmall, boiled in two pound of May butter, and four handfuls of Rue, ſcum it wel, and anoint the place and it will work the ſame effect. A worſhipful Gentleman, that had divers times proved the ſame, deſired for the great comfort he found by it, that it might be made publick.

CHAP. LV.

Contraction or ſhrinking of ſinews, with conſumption of the party, holpen by W. H.

A Span 26 years old, having a ſoze and grievous ulcerated leg, fell into the hands of inept Surgeons, who with their corrolives, ſhok up his ſinews, & he could

neither go nor stand, but in short time after, he was cured in this manner. He was once purged with Aromatico, then he took Quintessence solutive two or three days together, in Syrup of roses, and drank thereupon a little broth. Then did he use the bath divers times, and anointed him with sublime ointment, or the green ointment, which you will find towards the latter end of this book. Another man having his hand shrunk together, upon the like occasion, was healed in the same order. This is the description of the bath. Take two or three young whelps that cannot see, boil them in water with Wallows, Hollibock, Pellilot, Malwort, Camomill, of each a handfull, boil the whelps, till the flesh fall from the bones, that done strain it, and use to bath therewith very warm.

CHAP. LVI.

The cure of one whose neck was drawn away, by W. T.

A Child had her neck drawn away with a kind of convulsion or cramp called Tetanus, and was thus cured. First she drank every morning and evening a little aqua ballami Fioravante, then was her neck anointed with some of the said water mixed with magno liqore Fioravante, and in ten days she was cured.

Another of the same, by W. T.

Take oleum de lateribus, one ounce, oleum Terebinthinae half an ounce, of Juniper berries two ounces, of Cloves one ounce. Putinegs, Baces, of each half a dram, mix them with oleum cera, so much as will make it in form of a liniment, and therewith anoint the parts.

CHAP. LVII.

The Squinancy cured, by I. P.

This medicine following, did help one that was so swoln and grievously pained, that he could scarcely eat or drink. Take olei philosophorum de lateribus 1 ounce olei lini, six drams, olei cera, one ounce, mix them warm, and anoint the place infected oftentimes in the day. Also one dram of the tooth of a wild boar, being drunk with three ounces of the oile of Line-seed, doth help it presently.

Also another man was forthwith cured thereof, which drank one spoonfull of Aqua baliami, and wetting a cloth therein applied it to his throat.

CHAP. LVIII.

The cure of Alopecia, by I. P.

Magho licore Fiorauante, being anointed on the head causeth the hairs to grow again abundantly, which are fallen away, and to wax black. Balsamum sulfuris also doth the same.

CHAP. LIX.

A gargarism to purge the head, by I. S.

Take Spiknard, Alixander seed, of each 1 ounce, beat them into powder, and boil them in vinegar till half be consumed. Then strain it, and put thereto half a pound of mustard, and four ounces of rose-water boil it a little, keep it close for thy use, and when you will, you may take a spoonfull warm in the morning, and gargle therewith.

Another gargarism to purge the head and brain,
by Dr. Deodate,

Take six spoonfulls of wine vinegar, and twelve spoonfulls of water, and two spoonfulls of honey, clarify them together, and adde thereto one spoonfull of mustard, and gargle therewith.

CHAP. LX.

The Pin, and Web, cured by M. R.

HE took a handfull of Centumpedes, or scows, stamped and strained them with ale, and gave the patient to drinke thereof three or four mornings, and willed the patient to stop his nose and mouth, and to hang down his head, and therewith he was healed, as I was credibly certified.

CHAP. LXI.

A water for sore eyes, proved by, M. E.

A Gentlewoman with this water, hath cured a very great number of sore eyes. She took an egge hard sodden, cut in the middell, and took forth the yolk, and put thereto as much white Copozas as a nut. Then she closed it together, and wrapped it in red Fennell, and laid it to steep four and twenty hours in Rose-water, then she strained it hard through a cleath, and droped it into the eye morning and evening, it was held for a great secret.

Another

Phyſick and Chyrurgery.

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Another manner or way to heal the Pinne and
Web in the eyes.

Take nine of the Worms called Centurpedes, or
Solus, Stamp and ſtrain them with the ſuyce of Wood-
bine, or Betony, for thre or four mornings together
warm: which being drunk will conſume the web in the
eye.

Another way to cure a Web or Pearl
in the eye.

Take the white of a new laid egg beaten to an oil,
and the ſuyce of Deaf roots and leaves, and of the ſuyce
of the leaves and roots of brown Fennel, and of the
ſuyce of the leaves & the roots of white honyſuckle, with
the thre leaves, and the figure of an eye in the leaf, take
of theſe ſuyces two good ſpoonfulls, and put to the white
of the eg, and a little ſpoonfull of pure honey, and a ſpoon-
full of womans milk, and one ſpoonfull of Roſe-water,
and a half penny-worth of Sperma city, as much white
Sugar-Candy beaten, and as much white Coporas as a
good Putmeg made into fine powder, work them all to-
gether with a ſilver ſpoon, and ſcum off the foam, and put
it into a glaſſe cloſe ſtopped, and lying on your back with
a feather drop 2 or 3 drops at a time into your eye, uſing
it ſo thre times a day till it is well.

CHAP. LXII.

The ſtaying of the bleeding at the noſe;
done by M. R.

Take burnt Lome two handfulls, ſharp vinegar half a
pound miſe them well, and lay it betwixen a linnen
cloth: and bind it to the ſozehead cold, and in ſhort ſpace it
will ſtint.

[Another

Another for the same, by I. H.

A man of fifty years of age, had a great flux of blood at the noſethrill, which had continued a long time, and could find no remedy, till he used this order and medicine following. First, his ring-finger was bound hard with a thred, then was the cataplasme following applied to his forehead and temples.

Take burnt lome made in powder, strong vinegar, as much as will suffice to make it in form of a cataplasme to be applied cold, thus in fewe hours the blood stinted. Nevertheless he took morning and evening the same of Succinum album, at the mouth and nose: which stayed the flux and comforted the vitall and animall spirits. His diet was cold and drying, his drink was water, or red wine, wherein was put Crocus martis.

Another kind of curing the same, performed by D. B.

One bleeding at the nose a day and a night, was thus helped: he made a tent of lint, and dipped it in Ink, and put it into his noſethrills, and laid a defencative over his eyes and nose, made with Sanguis draconis, Bolus almonis, ack, and a little vinegar.

Another way,

Many have been cured, by applying unto their pizibiles, a linnen cloath wet in vinegar.

Another,

Some have had the bleeding stinched, by applying the herb Peruinca unto the nose.

Other

Other ways to do the same.

Carduus Benedictus bruised, and put up into the nose, chills, stinteth the bleeding at the nose. The same it performeth in a wound.

Note

The herb Geranium, which hath a red stalk, being put into the nose, chills or wound, doth the same: very often proved.

In like manner, and to the same effect, worketh Crocus martis.

Also the blood of a man dried, worketh after the same order: both for the staying of blood at the nose, and in a wound.

CHAP. LXIII.

Spitting of blood, stayed by I. H.

A Certain woman spat blood three or four days in great quantity, who was cured by drinking the decoction of mints in vinegar.

Another for the same.

Also five or six drops of oleum Machich, drunk in Cinnamon-water, staideth the spitting of blood.

CHAP. LXIII.

The falling down of Vuula, and the inflammation of the Almonds, in such sort, that they could not swallow their meat, nor fetch their breath well, cured

by W. T.

Take white Amber grossely beaten 1 ounce, and with a funnel take the fume thereof, cast on a few coals, moze

F

ning,

ning, noon, and night. Then take one ounce of old leaven, and spread it plaisterwise on a cloath, strewe thereon a little Comminsed, and the powder of white Amber, and apply it half an hand breadth to the crown of the head the space of a whole day, then at night lay on another, and in short time it will take away the swelling, often probed.

CHAP. LXV.

The cure of the hicker, by *W. B.*

One that was divers times grievously troubled with the Picquet, was cured by applying a brown toast warm to his Stomack: the toast was steeped in Triacle and Aquavite.

Another.

Divers have been cured by taking thereof four or five grains of Laudanum nostrum, in wine or Palmsey.

CHAP. LXVI.

The falling sicknesse cured, by *W. H.*

A Certain woman, being a Barbers wife in Bedfordshire, which was grieved therewith every change of the Moone, was preserved, by taking each day three drops of oleum Heracles, with the extract of Pione.

Another performed by *L. H.*

First you shall purge them with the extract of Helleborus niger: the dose whereof is from eight grains to twelve, being before well corrected, and then drunk in some convenient liquor or potion. That done, he gave them

them morning and evening of this composition: the which the longer that they use, the better it will be for them. Take essencie Peoniae, conserve of Rosemary flowers, of Betony, of each so much as is sufficient, mixe them together in forme of an electuary: then adde thereto for every ounce of that composition, of oleum etanij humani, one scruple, and half a scruple of oil of Rosemary flowers, and twelve ounces, of oleum vitrioli. Whereof let them take half an ounce at a time, either by it self, or with some convenient liquor, both or potion. Also the nake of the neck must be anointed with oleum castorei: when they do fall you shall anoint their nosegayls with oleum succinum, for that will in short time recover them again. It will also be very expedient to use those things that comfort the brain and heart.

CHAP. LXVII.

The cure of the Jaundies, by I. P.

A Young maiden much infested with them, was in this sort cured. she was twice purged with Aromatico, and as often with Panchimagogon. This done, she felt her self very much eased, save onely in her yellow colour, which was thus also taken away. She took three or four mornings, three ounces of the decoction of Gelsebung, two scruples of the extract of Centory which she drank warm, and so was cured.

Another for the same, by W. H.

A Woman that had the yellow Jaundies above two years together was thus cured: first she took one ounce of Balsamum artificiale, with a spoonfull of white Wine in the morning, which caused her the next day, to be as yellow as Saffron, all her body over, yea her hair of her head, and the nails of her hands and feet, very strange

to behold. The third day, she took the same again, and in three times she was perfectly cured. This was at Carleton, five or six miles from Bedford. Certain practitioners, have found a great secret in the salt called Lappilli urinæ, or Paracellus his Rebitola, against the Jaundies and all obstructions.

Another way by the same person *W. H.*

Take Nucis Cupressi, Cassiæ ligni, of each one ounce, extract Centaurij, two scruples, mix them, and drink it in white wine warm: and they shall after the receipt thereof, evacuate in their urine, great store of yelowish choller, but by taking this medicine twice or thrice, it will vade quite away, as hath been often proved. Remember that before you take this medicine (that it may work with better effect, you receive a dose or two of Aromatico.

The cure of the Jaundies, with obstruction of the menstrues, performed by *W. H.*

A young Gentlewoman eighteen years old was greatly grieved with the Jaundies, and suppression of her naturall sicknesse, but was in this sort cured.

Take water of Radder roots, Sage, and Betony, of each four ounces, Spiritus Tartari two ounces, oleum vitrioli two scruples mix them and drink thereof morning and evening two or three ounces warm. Also you shall note, that she was purged once (before she took the drink) with Aromatico Leonardo, and so was perfectly cured, and had her courses again, which before she wanted seven moneths and more.

CHAP. LXVIII.

The healing and cure of great windinesse in
the stomack, by I. H.

A Certain Gentleman, was so afflicted with a wind-
inesse in the stomack, that many times, with extreame
pain he fell into a sound. In this manner he continued
three years and more, but in this manner he was helpe-
d. First he took Aromatic Leon: which evacuated upward
and downward, the grosse and viscus cause of this wind.
After that he had used this posson following forty days
together. He took every morning, and evening Spiritus
Tartari, corrected with his Christaline salt half a spoonfull,
Aqua preservans as much. This withtoze the cause, open-
ed all obstructions in the body, so that in a moneth he re-
mained perfectly cured.

CHAP. LXIX.

Cough of the lungs, cured by W. T. after
this manner.

Take Aqua Marrubij six ounce, stirrup of Iuiubes three
ounces mix them, & make thereof a Julepe: whereof
the patient took four spoonfulls, with one dram of Bala-
mum sulfuris, every four hours till he was well.

Another cured by W. T. which had also a sore in
his throat, and was the first one, who got most
of his cure by this means.

First he took Aromatico Leonardo, and then took this
potion following for certain days. Take Carduus Be-
nedictus, Hypericon, Folefoole, a little Enula campana,
make thereof a decoction with Ale, and he drank every
morning one scruple of Balsamum sulfuris, and a spoonfull

The Art and Secretie of
of Aqua balsami Fioravante, moorning and evening till he
was cured.

CHAP. LXX.

Shortnesse of breath with a cough,
remedied by *M. R.*

First he was purged with Aromatico. Leonardo, then he
used this diet, with hot and drying meats, roast of sea-
den. Enula campana, Hysop and Aquozice, were infused in
his wine. Also he used every moorning to drinke or eat in
a rare egg, half a scruple of balsamum sulfuris, and thereby
was safely and quickly cured.

Another remedy for shortnesse of breath.

The Wormes called Centumpedes or Polips, are of
great virtue to discharge the lungs that are stuffed with
slime.

CHAP. LXXI.

An approved way to stay vomiting,

by *M. R.*

A Man of thirty years old, was troubled a long time
with soze vomiting, throwing up presently whatso-
ever he eat or drinke and was thus relieved. Take Palm-
ley six ounces, oleum vitrioli, five drops or more, mixe
them together, and take thereof every moorning fasting.
one ounce, or thereabout, and in those time it will stay
the vomit.

To stay vomiting of blood.

Take five or six drops of oil of Mustick, and drink it in Cinamon water.

To stay vomiting another way.

A Pultus thus made as followeth, and applyed to the Stomack staeth vomiting. Take Rie leaden, and mixe it with the iuyce of mints, and a little vinegar over the fire, in form of a pultus; when you do apply it to the Stomack, strew thereon the powder of Cloves, and so oft as it cooleth apply it warm. Also a Rie tosse steeped in vinegar, is profitable for the Stomack.

The oil of Wormwood (that cometh by distillation) being drunk with convenient liquors, or potions, and the same compounded with other convenient things, and applied to the Stomack, doth worke a notable effect this way, and is good against many other maladies.

CHAP. LXXII.

Vomiting of blood, with a cruell flux of the belly, by M. R.

A Man forty five years old that had congealed blood in his body did vomit abundance of blood, and voided downward a certain black matter like unto pitch. He had a great stich in his side without a cause: and always when he vomited it was thought he would have died; this man was by Gods help thus cured. First he took this potion. Take the water of nettle roots eight ounces. oleum vitrioli, as much as will make it tart. He drank thereof cold, which presently mitigated both the stures. Then unto the Stomack and throat, was appli-

ed this pulvis warm, both morning and evening which wrought an excellent effect. Take the crums of Rye bread, Red wine or Aligant and boile them to the form of a pulvis. Then he took at the mouth and nose, the fume of Succinum or Amber, which strengthened the vitall and animal spirits. His side was anointed with this ointment, which took away the pricking and pain. Take Unguent de Alhea, four ounces, amigdalarum dulcium one ounce, mixe them, and therewith anoint the side, morning and evening. His diet was this, all his meat was boiled in red wine, or Saurys water, his drinke was the decoction of Pistle-roots or Red wine, wherein Steel had been quenched divers times.

Vomiting joined with a feaver.

A Gentleman afflicted with these griefs, was in this manner comforted. Take Aquæ balsam one ounce, aquæ preserv. two ounces, oleum piperis, six grains, mix them well with a good spoonfull of the Syrup of Quinces, and so he drinke it at the beginning of the heat.

CHAP. LXXIII.

Plurisie, with spitting of blood; cured by M. R.

First there was made this purging preparative. Take Senæ six drams, Carduus Benedictus half a pound, full Sugar half an ounce, Ginger half an ounce, lay them to infuse one night in warm whay, made of Goats milk, one pound and a half, whereof he shall give morning and evening four ounces warm: this purgeth gently and causeth to spit easily. When three days after, they must bleed well on the liver vein, and their drinke at meals, was the decoction of hyssop, violets, liquozice, and raisins with sugar.

Plurisie

A great and ſore Pluriſie, cured by *M. R.*

A Certain man of twenty four years old was vexed with a moſt grieuous pluriſie, with prickling and ſhooting, and a cough, with a continuall feaver and inflammation of the tongue. Firſt there was good ſtoze of blood taken from the liver vein, on that ſide where the pain was. Then were theſe ſyrups that do decoct and and purge) miniſtered unto him Take Sirupi de liquetia, de Hyllopo, acetole, of each one ounce, Oximellitis ſquillitici, aceti ſquillitici of each three ounces, make there of a loch, whereof in the morning he licked with a liquorice ſtick, which cauſed him to ſpat eaſily, and took away the heat or burning of the tongue, being uſed with this decoction. Take French Barley three ounces, Carduus Benedictus one handfull, Roſes, Violets, of each one pound, Liquorice ſcraped three drams, Figs three. Raiſins of the ſun ſtoned, one ounce and a half, Sugar Candy two ounces, boil them in ſixteen pound of water, till two pound be waſted and ſo drinke it cold. Alſo his diet was light and thinne, as broth and drinke, &c.

Pluriſie with inflammation of the tongue, and coſtiveness of the body, cured by *M. R.*

Firſt they were purged with Aromatico, and then uſed this gargarism. Take Sempervive or Holſteck two handfulls, boil them in a quart of water till a third be waſted. Then ſtrain it, and put thereto two ounces of wine vinegar, wherewith they gargarized warm oftentimes. Then they uſed Mel-roſarum, which took away the blackneſſe of the tongue. Their diet was moiſt and cooling as followeth. Take French Barly half an ounce, Figs ſeven, Raiſins of the ſun ſtoned, four ounces, boil and ſtrain them, and put thereto oleum vitrioli ſo much as will make it tart, and ſo drinke thereof.

¶

Pluriſie

Plurisie in a woman, cured.

First she was purged with Aromatico Leonardo, then unto her side there was applied this unguent, seven or eight times a day, which took away her pain. Take unguenti de Althea two ounces, oil of Sweet Almonds half an ounce, mire them together: the next morning she was let blood in the basilike vein, on that side where her pain was. Her diet was the same that was spoken of before. After meat she used a Lochsanum before prescribed for this purpose, and so in short time she was cured.

Another woman cured of the same disease, by M. R.

First there was ministred unto her this potion. Take the water of Carduus benedictus half a pound, oleum vitrioli, enough to make it tart like a Pomegranate. The next day she was let blood in manner aforesaid about ten ounces. After she had bled, she took this potion following five days together morning and evening, which caused her to sweat well, and thereupon she was quickly cured.

The Diaphoreticall decoction.

Take Cardui benedicti two handfull, Liquorice scraped three ounces, Figs five, Raisins two ounces Sugar candy one ounce and a half, boill them in a sufficient quantity of water, and strain them to drinke.

A Plurisie broken with a potion.

For the breaking of his Aposteme, there was ministred unto him Aromatico Leon. with honied water. The next day the basilick vein, on the Pleuricall side was opened.

opened. His drink at dinner and supper was this decoction. Take Hop dried one small handful, Violetts two handfuls, six Figs, Liguozice scraped half an ounce, Raisins four ounces, boil them in nine pound of water till one pound be wasted, then strain this pedozal decoction, and use it.

Another cured in this manner.

First he took Aromatico Leonardo, and thereupon drank the water of Cardus Benedictus. The next day, they let him blood on the same side where the pain was. His diet was moist and cooling, and he drank Barley-water mixed with syrrup of Roses, and oleum virioli, and shortly after was cured.

CHAP. LXXIV.

An inward impostume or bastard Plurisie, cured by M. R.

A Man having an Impostume in his side, which would have turned to the Plurisie, was thus cured. Take a good sweet Apple, and cut off the crown, take out the coze, and fill it with powder of Olibanum, bind on the crown again, and roast it under the embers, till it be soft. Then mixe with it three or four drops of oleum virioli, and let the patient eat it, and sweat thereon.

Also with the same medicine, at the same time, there was a boy helped, that had a plague soze on his neck.

Pain in the side, with a cough, cured by W. T. after this manner.

Take Floris Sulphuris two drams, the extract of Enula Campana one dram. Ireos, and Liguozice, of each one ounce, Honey so much as will make it in form of an electuary.

lectuary. Besoze it be made up, put thereto half a scruple of Oleum sulfuris, and use it morning and evening.

CHAP. LXXV.

Pain, and wind in the body, cured by I. H.

A Certain woman twenty eight years of age, being often troubled with a griping pain, and wind in her body, was presently eased, by taking four or five grains of Laudanum nostrum in Malmsey, with two or three drops of oil of Aniseeds. After this manner divers persons have been cured. Provided always that the body be loose, else must it be moved, either with some gentle glister or suppositary.

The expelling of wind out of the body,
by L. F.

This course following, hath been divers times proved most effectually, against the wind in the stomach, and other parts of the body. First let them take a dose of Aromatico Leonardo. Then let them take morning and evening, half a dramme of this composition, three or four dayes together, either in potions or pills.

Take the essence of Gentian, three drams, the essence of Ginger, oil of Aniseed, Fennellseed, of each half a scruple, make thereof a masse, and keep it to your use.

CHAP. LXXVI.

An excellent Eleſtuary to expell wind revive the ſpirits, it alſo purgeth melancholly and choller, and comforteth the ſtomack. with a moſt excellent and ſoveraign

Plaſter to be made by the Apothecary,

and applied outwardly to the ſtomack

Adminiſtred and Applied,

by D. E.

TAke Aq. meliſ. menth. of each ſixe Drams, theriacal. ſtill. cap. ceru. of each three Drams, e ſe. auran. two Drams, Diaſco. half a Dram, conf. de hyamith. one ſcruple, ſyr veton rubr. half an ounce, cubi Pæi, two Drams, clyſt. cinni. one ſcruple, fiat Eleſtar.

The Plaſter.

Admovæ regirin ventriculi, Emplaſt. Stomachicum.

CHAP. LXXVII.

The Signs and Tokens, whereby you may know whether you have a Dropſie or not.

There be theſe three ſymptomes or ſigns of a confirmed Dropſie. 1. Firſt, the tongue is white and cold. 2. The yard is ſunk into the belly. 3. The veins on the belly are apparent, and viſible to be ſeen. And where theſe things are found, they are infallible declarations of a grounded Dropſie.

CHAP. LXXVIII.

The cure of the Dropſie, performed by
W. T.

A Man of three and forty years old, troubled with the Dropſie, was in this manner cured. Take the roots of blew Flower de Luce ſliced, and ſteeped in vinegar three or four hours, and then dried half an ounce, of the bark of Labrell roots ſo prepared, as much; the leaves of Sena in powder one ſpoonfull Aniſeed and Ginger, of each one dram, mixe them and take of that powder every morning, from the weight of four pence, till it give you four ſtools a day, continue herein ſo long as you ſhall think it good.

CHAP. LXXIX.

The killing and expelling of Worms in the
ſtomack, by I. H.

An infinite number of people, both young and old, have been cured thereof, with this compoſition following. Take the ſeed of Carduus Sanctus, Wormſeed, Dittany, Semen Caulium, cornucervi uſti, coralline, vernium terreſtrium, of each half a dram, mixe them in fine powder, and give thereof half a dram, either with honey or ſweet milk, in the morning and evening. Anoint alſo the ſtomack and belly downward, with this unguent following, and apply a little unto the navel, with brown paper and no doubt of it, within two or three days, the patient ſhall be cured. For it doth not onely kill the worms, but cauſeth them to come forth by ſiege, making the belly ſoluble, ſo that they ſhall have two or three ſtools in a day. The cataplaſm or unguent is this. Take Farina lupinorum, Aloes, centaurea, myrrha, theriaca optima

Phylick and Chyrurgery.

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optima, of each half an ounce, beat them into fine powder, and make thereof an unguent, with the succ of peach leaves, and keep it to your use. Also two or three drops of oleum vitrioli, being drunk with water of gromen, or such like, for three or four days, killeth worms. Also two drams of Quintaessencia solutiva Phioravante, drunk with one ounce of Syrap of Roses, killeth the worms, and expelleth them by siege.

CHAP. LXXX.

A Quartaïn of long continuance, cured by L. P.

First he was purged with twelve grains of Lapetra Philosophale Leonardo Fioravante, mixed with half a dram of good Dithridate, the next day he took of this decoction warm six ounces, and so continued fourteen days morning and evening. Take Chamepites one pound, white wine eight pound, white honey one pound, distill them with a gentle fire, till five pound be come forth. Then let it cool and filter that which remained in the Vessel, and mixe it with that which was distilled before, keep it in a glasse close stopp'd, and use it. Also the reins of the back, was anointed every night with Balsamum artificiale Leonardo Phioravante, and so he was well cured.

CHAP. LXXXI.

An approved remedy against the Pestilence, Plurisie, and Quartaïn.

Divers people have been cured of these foresaid diseases, by taking a dose of Turpetum Diaphoreticum, Paraceli, either with Amuletum Palmarij, or with some excellent good Dithridate, in the morning fasting, and sweating thereupon. Sometimes it is given with

with other potions or compositions, according to the disease,

CHAP. LXXXII.

The swelling of the spleen in a melanchollick person
cured by W. T.

A Certain melancholly man, was much grieved in his milt, heart, and head: but he was thus cured. First he was purged with one scruple of Panchimagogon and one scruple of the extract of Sena, mixed with Syrup of Roses, and two or three drops of oil of vitrioll. That done, he took a quart of posset ale, made of white Wine and Burnet, and drank thereof morning, noon and night a good draught, with half a spoonfull of Aqua Balsami Fioravante. Also now and then he took morning and evening a tost of white bread, steeped in Aquam Preservans, and within ten days after, he purged again, and so remained in good health.

CHAP. LXXXIII.

Frantick feavers for want of sleep, often cured
by I. P.

MAny that were so grievously vexed, with a burning feaver that they could not sleep, and were in manner frantick, have taken five or six grains of Laudanum, with conserve of succory flowers, and therewith were speedily delivered out of their extremities.

Pestilent feavers with great thirst, cured by I. H.

First they were purged once or twice with Aromatico Leonardo: then was the stomach comforted with some pedicall potion. That being done, there was Barley-water

water made with Raiſins, liquozice, and cool herbs. Then ſtrain it clean, and put therein as much oleum vitrioli, as will make it ſaft like a Pomgranate, Drink thereof when you are a dye for it comforteth nature, allwageth heat and thirſt wonderfully, openeth al obſtructions, and defendeth the body from putriſhed feavers. If they be grieved with the head-ach you ſhall cauſe them to be let blood under the tongue, cutting thoſe veins overthwart, and they ſhall preſently be cured.

CHAP. LXXXV.

Again Poiſon, or the Peſtilence, a diaphoreticall potion, by W. T.

TAKE Mirrhæ croci, of each two ounces, Amuleti Palmarij, one ounce, Spiritus Vini one pound. oleum piperis, oleum Gingiberis, of eace one dram, mix them in a glaſſe, and give thereof half an ounce in old Sack at once, againſt the peſtilence or poiſon.

CHAP. LXXXVI.

Signs of death in the Plague, by W. K.

TAKE a live Frog, and lay it next the ſore: if the party will eſcape the Frog will burſt in a quarter of an hour. Then lay on another, and this you ſhall do till no moze do burſt: for they draw forth the venome. I have been told that a dyed toad, wil in better ſort do the ſame. If none of the Frogs do burſt, the party will not eſcape, this hath been often proved.

CHAP. LXXXVII.

Antidotes, and preservatives against infectious airs, on the water or land, by W. T.

You shall use to chew or hold in your mouth, a little of Effencia Angelicæ. Also it wou'd be very profitable to drinke three or four drops of the same fasting. Also Oleum Camphoræ, being drunk effecteth the same. In like manner Aqua Balsami Fioravante, if it be drunk in the morning with wine, or Allome, preserveth a man from ull poison and pestilent airs: and is a most singular remedy against surfeits or the pestilence. Also, if you be in any infected ship or house, it were necessary to wear a bag of Saffron under your arme-pits to defend the heart.

Also it were very necessary to drinke two or three drops of the essence of Saffron, for the same purpose.

Amuletum Palmarij is also very excellent, being taken in the morning fasting.

Dissolved Pearl, eaten or drunk, defendeth the heart, purifieth the blood, and reviveth the spirits above all other things. You may make it in lozings, or drinke it in a ny cordall, what quantity you please.

CHAP. LXXXVIII.

An inveterate Gonorrhea, either in man or woman, sometimes cured by W. T.

Many have been cured of this, and such like infirmities, with this composition following. Among the rest, a Gentleman in Buckinghamshire, who was vexed therewith above seven years continually.

A gentlewoman also, was so grievously afflicted with the sur, that she wared lame, and went with a staffe, these

were

were both cured in twelue days. But one thing must be remembred that if it come ex lue venerea, it were necessary first to be purged, and then to use these pills.

Take magisterij perlarum, one dram, Gum Tragacanth, half a dram, fine Bolearmontack, terræ sigillatæ veræ, of each one dram, Laudanum nostrum one scruple, make an hard masse with Turpentine, and take thereof half a dram when you go to bed. untill this quantity be spent: in the mean time also, you shall anoint the reins of the back with this unguent.

Take unguentum album camphoratum, two ounces, saccharum Saturni two drams, and make thereof an ointment.

Another for the same, by W. T.

First purge them with Aromatico Leonardo, once or twice, then let them tak morning and evening, half a dram of the pills following: and anoint the reins of the back, with the foresaid unguent.

Take Symphiti, crassulæ of each two drams, magisterij perlarum, dissolved corall of each one dram, Laudani I scruple, nucis molchatæ, numero 2, Bole Armon. terre sigillatæ veræ sem. paupau. albi Tragacanth, of each two drams, make them up in a masse with Turpentine, and use them in manner aforesaid.

An Electuary against Gonorrhea, by W. T.

A certain man being troubled with a stinking Gonorrhea, was in this order cured. First he was purged with Aromatico Leonardo: the next day, he took a pill of two of Venice Turpentine, washed in plantain water. That done he used to eat morning and evening, the quantity of a hazel nut of this electuary, untill he was helped which was not long after.

Take the kernels of hazell nuts blanched, four ounces, magisterij perlarum, laudani nostri, of each one scruple,

ple, terræ sigillitæ, boli, veri, sanguinis draconis in grain, of each two scruple, Seminis Plantaginis, rasuræ Eboris, of each one scruple, nucis moschatae, 3. or 4. Cinnomoni, one dram, Saccari three ounces, mix them well together, and use it. Also in the mean time, he anointed the reins with the foresaid unguent.

CHAP. LXXXIX.

The immoderate flux, mensuall suppressed, or stayed, by *H. T.*

A Certain woman being grievously weakned with that disease, and having great heat and pain in her body, was thus cured. Take the roots of Oxyne, and Comfery thin sliced, Clarey a good quantity, boile them with a chicken, and with that broth make Almond milk, and to every handfull of Almonds, ad one scruple of Laudanum nostrum, grind them well together, and drinke thereof morning and evening. Also you shall anoint the reins, and other grieved parts with the unguent mentioned in the Chapter aforesaid.

Another against the same.

I was informed that the powder of a land frog, bound about the womans neck, doth stay the foresaid flux.

CHAP. XC.

A Flux stopped, by *G. F.*

Dissolve Bay salt in Dalmsey, and therewith wash the soles of your feet, and in three or four days it will stay the flux. Divers Souldiers in the Wars have been cured thereof, by setting their fundament in warm Horse-dung. Also the powder of red Roses, drunk

in Med. Wine, is very profitable for the stopping of the Flux.

Bloudy Flux of long continuance, cured by *M. T.*

Take conferbe of red Roses, Parmilet of Duinces, electuary of Sulphur, of each two ounces; Amuleum Palmarij half an ounce, essencia croci, Laudanum postum, of each half a scruple, aqua preservans half an ounce, oleum virioli, & sulfuris of each half a scruple. mix them, and take thereof one dram, morning and evening.

CHAP. XCL.

The cure of the Hemorrhoids or Piles, performed by

I. H. and many others.

Take Gullen, and fry it with Butter, and therewith anoint the part divers times.

The oil of Eggs is a notable remedy to withdraw the said infirmity.

Balsamum sulfuris anointed upon them, doth with great speed and good successe, cure them: this also hath been ofentimes proved very excellent.

If they be anointed with oleum Tartari facens it, drieth them up in short time: but first, it were necessary to purge the body of the melancholick original of that disease, both by vomit and siege.

Some use to make them away, by applying a caustick unto them.

The cure of Ficus, in ano, alrvs Hemerhoids ex lue venerea, performed by *I. P.*

Many have been soze troubled with warts or blathers in the fundament, which have in very short time

been cured by anointing them with Balsamum Tartari-
tens. Among other men there was a strong lusty fellow
fifty years old, of complexion melancholly, about whose
fundament there remained 12 or 14 growing, whereof
some were so big as a little fig, all of them did run or
yeeld a loathsome yellow sanies or matter. This mā was
cured with balsamum Tartari faciens: without any pain to
him and the warts were so dized that they were pulled
off with a pair of mullets: after which he remained
whole: this man was healed in Bedfordshire.

CHAP. XCII.

The provoking of menstrues,
by I. H.

By this composition following, many more then it is
here requisite to speak of, have had their menstrues
provoked and many other obstructions opened: especially
if it be given with broths, liquors, or medicaments, ap-
propriate therunto.

Take extractionem Camomillæ, Calendulæ, Gentianæ,
Brionæ, Chamæpites, Proniæ, Centaurij, Juniperi, Genistæ,
Sabini, Spicanardi, Ruræ, Melissæ, Chelidonæ, Philipendulæ,
Matricariæ of each one dram, Essentiæ Zedoariæ, Croci, of
each half a dram, Mirabolanorum, Castorei of each half an
ounce mix them, and keep it close The dose is from one
scruple, to one dram, upon extremity either in pills or
convenient eleduaries. It must be ministred four or
five days before the new Moon, and as many after, with
the infusion of Scia, or in sirrup of Moles, for the intent
above named.

To provoke menstrues in melancholick people, by *W. H.*

Take of the extract of *Helleborus niger*, five grains. *Panchinagogon* fifteen grains, make it into three small pills, and anoint the pills with *oleum anisi*, and thereof take once or twice. After that take this composition following.

Take of the essence of *Gentian*, *Sabina*, *Angelica*, of each one dram, *Essencia Croci* one scruple, *Castorei* half a scruple, mixe them and make them up in form of pills, and take thereof each night when you go to bed one scruple, either in pills or dissolved in some convenient liquor, about the foresaid time of the Moon. A very melancholick maiden, was cured in this manner.

C H A P. XCIII.

Suffocation and pains of the Matrix, with retention of menstrues, cured by *J. P.*

Take extract. *Drionæ*, one dram and a half. the leaves of *Sena* half an ounce, *Ginger* one scruple, *Cinnamon*, one dram, *Sugar* one ounce, lay them to infuse one night in a pint of warm whey, made of Goats milk. Then strain it, and drink thereof three mornings warm, about the new Moon; keeping a warm and drying diet. your wine must be infused with *Rosemary* flowers.

Another that hath cured the rising of the mother by *R. C.*

Take the flowers or buds of a Walnut tree in May, give the patients as much thereof to drink as will lie on a goat, and with two or three doses they shall be cured.

Also if you give one scruple of *oleum succinum album*, in wine, it will presently cure the same disease, a thing oftentimes proved with good success.

John Baptist, XCVI.

To provoke urine, and to cause the
Jaundies to flow, W. K.

The powder of earth worms, drunk with white wine
provoketh urine, and cureth the Jaundies and Tert-
ans.

Also gray Soap two ounces, Bay-salt finely beaten,
one ounce. mix them, and therewith anoint the navill,
and belly.

Also Castile Soap being drunk with warm wine, pro-
voketh urine.

Also if you shall apply quick earth worms, upon a
whit blow called Pavaricum (of some Pavicities) they will
cure the same.

John Baptist, XCV.

To provoke Urine, and to heal other obstructions,

a most excellent and proved receipt, by

I. H. and many other.

This composition of artificiall salts breaketh (and af-
ter a sort consumeth all tartarous diseases, has been
been very often and truly experimented by divers and
sundry persons: yea it prevaileth much against the gout,
taken with potions eleduaries and sirups, appropriate
unto the particular ministrations.

Take the salt of radish, of Eringos, Bean-stalks, Worm
Alixanders, Juniper, Ash, Aniseed, Fennell, Camomil,
Worm-wood, Herbine, Tartar Christaline, of each alike
quantity, mix the in a warm mortar, & keep it close, & in a
dry place, for in the late moisture it will quickly resolve.
The dose hereof, is from half a scruple to a whole scruple
and may be very safely administrated, without perill,

to any age or sexe: upon good occasions, and at times convenient, after that the body is prepared for the same purpose.

I shall now proceed in order to speak of severall other griefs and diseases, incident to mans body, and shew you the cure thereof, according to the rules and practise of the most excellent expert Philosophical Physitians and Chyrurgians, beginning first with the head.

Of the pain in the head.

ALl the most of Physitians in the world do hold this position, that pain in the head is no other thing then vapors arising from the Stomack, and ascend unto the head. which do offend membrana, whereupon ensueth pain. And besides this there be severall other causes. The first cause, is putrified blood in Leonicie. The second is, the vapours that ascend from the Stomack, and offend the head. The third is, the humidity or moisture between the skin and the flesh. So that the causes are three, and the remedies as many, to distill for the antecedent causes. I have now shewed thee the originall and root of the pain in the head, about which thou shalt never more need to beat thy head. or break thy brains, either in seeking the Aphorisms of Hypocrates, the Commentary of Gallen, or the Authority of Avicen: for in these four or five words, I have said all. Now of the cure of this disease, as it hath been experimented, an infinite number of times: which way soever the cause cometh, work thou after this manner, and thou shalt never want credit, in giving others ease and curing thy self.

When the pain in the head is confirmed, and that thou canst find no help by common Theorick or Practick, do these

these things following. First let them bloud on Leoniche, cutting it oberthwart, and let the patient spat as much as he can. Then the next morning, let them take Aromatico fasting. The next day let the head be shaven, and lay thereon an attractive plaister, to draw out the humidity. In the end cause them to nose, and hereby all the pain in the head will cease.

CHAP. XCVI.

Of the Catarrhe, the rhume in the head, the Cough and Tyfick.

The Catarrhe is a moist vapour, which assaulteth the head, and afterward falleth down again into the stomack where it ingrosseth and corrupteth. This moisture hath his beginning of the moisture of the lungs, and untill such time as the lungs be discharged thereof, the Catarrhe will continue in his force. This infirmity raigeth more in slegmatick & melancholy bodie. then in any of other constitutions. Such as are troubled with it are not long lived, because their lungs are consumed by little and little and thereupon they are troubled with the Tyfick: and consequently they perish, if they be not quickly releevd. I wil now shew thee a rare secret to cure the same.

Take Pulmonaria and Sena that is fresh and new; infuse them in wine and water, over a small and gentle fire till the wine have drawn out the virtue. Then strain it and put thereunto Quintessence solutive, and keep it close in a glasse, let the patient drinke thereof, every morning 3 ounces luke warm, for twenty days together: let him eat good nourishing meats, for they agree well with his disease. If the patient be not too far spent, you shall see your cure performed in short time: in the mean time, if the patient be weak, you shall give him new laid eggs, and good white wine. If the humidity be perceived not to be quite

quite expelled & evacuated, then give him Aromatico: afterward comfort him again, with restoratives and cordials, to make him strong, and no doubt by the help of God he shall be cured. This method, of curing this infirmity, differeth from the common course that Physicians take which would cure it with diet, and mollifying liniments, and causing them to spit and such like which are means rather to augment the Catarrhe then to diminish the same.

The second course, to cure the descension that cometh from the head to the stomach.

Use these five things, if I wil cure this disease: first Electuario Angelica, 2 Quintaesence solutive, 3 pillule pro descensu, 4 Unguents for the stomach and head, 5 Quintaesence vegetable. The electuary cleanseth the head and stomach, the Quintaesence solutive evacuateth the body, the pills take away the cause of the descension, the unguents dry, and the vegetable Quintaesence preserveth the body from all ill and noisome infirmities. The electuary must be taken first in the morning: of the Quintaesence solutive, you must take a spoonfull in the morning in a little broth and sugar, keeping a reasonable good diet: and do this, four or six days. Then take the pills in the evening, and in the mean time, anoint the head and stomach with oleum ceræ, and drink every morning a little Quintaesence solutive, which if you do use continually by the blessing of God upon it there is no doubt, but the body shall be free from many troublesome maladies.

There was a certain woman, of the age of 58 years, who being greatly troubled with a Catarrhe: was cured by the use of aqua preservans, morning and evening, and by anointing the stomach with balsamo.

One that was afflicted with a Catarrhe, and a stitch in the side was thus cured. He took Aromatico twice. Then

he took ebery morning a spoonfull of Quintaessence solutive, with the broth of a Capon for seven or eight days together, and ebery night when he went to bed, he anointed his stomack, with oleum incompotibile, and thereby was soon after cured.

A woman that had great pain in her head and stomack, and had her menstrues stopped; with losse of her appetite was thus helped.

First she took two doses of Pillula Angelica, that done she took ebery morning, a spoonfull of Quintaessencia solutivo, with broth and sugar; for five or six mornings together. After that, she took ebery morning one spoonfull of Aqua preservans: whereupon in short time after she was cured.

CHAP. XCVII.

A Contusion in the head.

A Certain man had a great fall from an horse, where with he bruised his head most grievously, who was cured in four days; by anointing the place, with oleum benedictum.

CHAP. XCVIII.

The taking away, or healing of the white scall.

This noisome malady, is perfectly cured, by purging the patients with Aromatico, and anointing the head with oleum philosophorum.

Also the Artificiall balsome doth the like, and oleum benedictum, effectueth the same.

CHAP. XCIX.

Pain in the eyes, with great dimnesse of sight.

A Certain man that had great pain in his eyes, and was almost blind, recovered his sight by letting-bloud, under the tongue. The next day he took Aromatico once: after that he used Quinaessence solutive, seven or eight days together, and every night he anointed his stomach with oleum cera rectified: then was dropped into his eyes, the water hereafter set down for the dimnesse of sight, and thereby was he well cured.

CHAP. C.

An unguent or ointment for sore eyes.

Take Rose-water, Fennel and Euforage-water, of each alike quantity, put therein a small quantity of Merdt grease, and boil it a little on the fire. Then let it settle, till it be clear, and pour it off. With this water, see that you wash Auxungia porcina seven or eight times: and of that, put a little into the eye, when you go to bed.

CHAP. CI.

To cure or stay the spatting of blood.

One that spat blood, was cured in ten days, by drinking the liquor of honey, morning and evening. Another was healed by drinking the decoction of mint in vinegar, another by drinking of Crocus martis.

CHAP. CII.

The description and manifold cures, of the disease called
Scrophulæ, or forunculi, which some do call waxing
kernels, but rather the Kings Evil.

The Scrophulæ or waxing kernels (so called of some) which use to come in the throat, or other parts of the bodies of young children, do arise and are caused, of great quantity of melancholly humors, because that both for the most part raige in persons that are weak of complexion. For you may easily see that such as are vexed with that infirmity: are not very quick spirited. These Scrophulæ, are a long time, ere they will come to suppuration: and before they break and when they are broken, they cause excessive pain, and are hard to be cured. For all infirmities that come of melancholly, are troublesome to cure or resolve, as you may see in the quartain and such like. But here I wil shew thee a secret to cure Scrophulæ, first you must remove the cause, & then work the effect: for otherwise it were impossible to cure them with outward medicines. This melancholly is purged, with the drink following against melancholly which you must use three weeks or a moneth. That done, give them Aromatico, which cleanseth the head and stomach, purifieth the blood. As touching locall medicines, lay to the place a plaister of waxe and butter, and anoint it with magno licore, untill the escars be fallen out: and when it is mundified, apply thereon the cerote of Qualitudo di Med, and use no other medicine, for it will in, carnate, and cicatrize without scare.

Another remedy against the Kings Evill.

One W. R. dwelling in Cheap-side London, at eighteen years old, had the Kings-Evill in a very great measure, and was thoroughly cured by this medicine following after he had been twice touched by the late King, and spent very much money on Doctors, and found not any help.

Take the roots of Scrophilaria, otherwise called Brown-woorts, the roots of Dypsin, the roots of Pile-woorth, of each clean washed and picked two ounces, of the leaves of Brown-woorts, of hearb Robert, of Egri-mony of each three handfulls, of Bugwort, and Smal-age of each two handfulls, of Scurvy-grasse, four handfulls, of Water-cresses, and Horse-Radish-leaves, of each two handfulls, of the roots of Horse-Radish, one ounce and a half, of Caraway-seeds, and Fennel-seeds, of each an ounce, Shred the hearbs and roots small, then tye to all this (being put into a large boulder bag) four or five gallons of new-drink of a reasonable strength, ready to work, having wrought stop it up close, being six or seven days old, then drink of this continually for a whole year or more, and let it be your continuall drink, and purge once a week with pulvis sarma montagin. two dzams, and Cremor Tartarij, two true scruples for a dose, in a draught of Haze-ale boiled with currance, let your hearbs and roots be gathered in Summer so dry cleanly, and keep them for all the year dry, keep to the place a discentent or dissolving plaister, and observe a good diet.

Another cure for the Kings-Evill.

A Certain young boy of 14 years, of complexion chol-lerick and melancholick, who had Scrophulæ in his throat, on both the sides, was thus cured, The first medi-
cine

cine that he took was the infusion of Rhubarb, with the trochisks of Agarick, and acetum squilliticum, and water of maidenhair mixed together, which he used by the space of ten days. Then was laid upon the Scrophula a plaster of cerotum magistrale with Cantarides, which drew forth the malignity of the ulcer, and great stoepe of Sanies being applied for fifteen days together. This done I gave him the decoction of Salsaparilla, with a good diet, for twenty days together. Then I applied unto the sore a cerote of Gualtiero di Medi, which in a short time cured him, that had been vexed with them four yeares before.

Another for the same.

Another which was a maid of thirteen yeares of age, was vexed with Scrophulae in her throat, which was also in this manner cured. First I gave her the extract of Elleborus niger, with Mel rosarum; which doth very effectually purge the melancholy humors. That done I gave her our sirrup against the melancholly humour, for eight or ten days together; and applied unto the sores an unguent of Lysarge, boiled with the powder of Scrophularia: thus was she in short time cured.

Another for the same.

Take Verdigrease, Pelitoy of Spain Dock-root, the juice of leeks, of the herb Scrophularia, of each alike quantity, mixe them, and lay on lint, and apply it unto the Scrophulae, but take some care thereof.

CHAP. CIII.

Of Pavariciūm, or Pavaricies, called the
whit-blow.

This grieuous and intollerable malady (as those know well that haue felt them) cometh on the end of the finger; and is an infirmity byed in the liuer, wheres of nature being willing to discharge her self, sendeth it to the extreame parts of the fingers: and most commonly it cometh to the finger next the thumb, but seldome in the other. The reason or cause whereof is hidden, save that we may coniecture (as we haue said befoze) an accident in the liuer, which nature sendeth forth unto those parts to ease herself. When it cometh to the end of the finger, that it can go no further; it causeth a sharpe and excessive pain: and the accident coming unto that place, not having passage, is so hot, that in short time it putrieth the sinews, muscles, and cartilages, and in the end rotteth both flesh and bone. The secret of this grief is not commonly known of the most Surgeons: who with all their learning, cannot devise to cure it, as it ought to be cured. The most part of such as haue that infirmity, loose their finger: but if thou wilt quickly help them follow this method.

First let them bleed on the liuer vein: then let them be well purged. Afterward dresse the finger with oleum sulfuris: which will cause some pain, nevertheless (to haue some ease) you must abide it. The next day dresse it with magno licore, untill it be whole, which will be in short time, as I haue often proved.

CHAP. CIII.

Of grievous Vlcers in womens breasts.

First they must be touched with oleum sulfuris: then make this unguent. Take of the yolks of eggs, two ounces, Turpentine, Butter, Barley-flower, Honey of Roses, of each half an ounce; incorporate them all in a mortar, and therewith dresse them untill they be whole. But if they come of any kind of spice of the foul disease, this unguent will be to very small purpose. But then shall you dresse them with Vnguento magno: which is appropriate unto the disease, and look that you purge them with Aromatico.

CHAP. CV.

Of the disease called Asthma, or Tylick, and the cure thereof.

This disease, which is called the Tylick, is a certain infirmity, contained in the lungs, which doth harden and dry them in such manner, that such as are troubled therewith, cannot fetch their breath. It proceedeth of a duction of the blood, that cannot run in the veins: and so the lungs lacking sustenance, worke that effect. This disease is cured four manner of ways. First you shall let them blood under the tongue, cutting those veins overthwart, and suck them as much as they can: for it evacuateth and openeth the spilation of the blood, and easeth the lungs of all that evill matter which offendeth. Secondly, you shall give them a dose of Aromatico, which evacuateth the stomack, of all evill qualities that offend the lungs. The third is, to let them eat for a moneth together, every morning one ounce of Electuario de Althea. The fourth, to anoint the stomack, every night with

Physick and Chyrurgery.

with magho licore. But every ten days, you must take a dose of Eleotuario Angelica, wherewith thou shalt help them quickly. You must also keep a sober diet: refraining Fish, Pork, Limie things, Spice, baked meats, Cheeses, and such like, which nourish grossely, and do infect the bloud.

CHAP. CVI.

An excellent remedy, against the
Worms.

You shall give the patient two ounces of unguento magho, to drinke with Mel rosarum, three mornings together, and oint the nosethils therewith, and in three days they will be expelled, were they never so many.

For the Worms of all sorts.

Take of the powder of Centuary leaves one ounce, powder of Sena of Alex. half an ounce, Wormseed finely beaten one ounce: then take of good Palmsey, a quarter of a pint or better, of the best Honey two ounces, dissolve the Honey in the White with a gentle heat, and then put in all the powders, and stir it well together. Which done put it into a clean bladder; knit it close and hang it in the Chimney untill it be an hard lump, you may use it as the Wormseed alone is commonly used, give a child the weight of a great at a time, to the elder sort more, as you think good: it killeth the worms, and causeth them to void.

CHAP. CVII.

Of the hardnesse of the milt, and the cure
thereof.

THe spleen of milt is hardened, by reason of superfluous humidity that it taketh from the liver and lungs. Therefore, if you will help this infirmity, it were necessary, to use medicines absterfive, and drying, which thou shalt do thus. First give them Aromatico, then let them use this Eleduary, which is of marvellous virtue in that operation. Take Crocus Martis, Scolopendria, of each one ounce, Spikenard, lapis lazuli, of each two scruples, Cinamon half an ounce, mire them, and make an Eleduary thereof with purified honey, and take thereof every morning one spoonfull, and every night (two hours before supper) another spoonfull, and anoint the outward part, where the grief is, with balsamo arfic. and in short time, the disease shall be cured.

Another remedy very effectually for the
former disease.

Let them bloud on the two veins, under the tongue. That done, mire mustard-seed with the urine of a boy, and lay it between two cloaths, and lay it to the part afflicted one night; and then (if thou feel not good ease) use it again till the disease be gone. Also the decoction of oak helpeth the swelling of the milt.

CHAP. CVIII.

The cure of the Gonorrhea, or running of the reins,
the forerunner of the foul disease.

First you shall give them Aromatico once in white
Wine. Then morning and evening, for seven or
eight days, use this potion following: anointing also the
reins, and those parts, with *Aquæ sœdida*, being cold and in
short time they shall be healed.

Take the whites of four or five new laid Eggs, two
ounces of fine Sugar, three ounces of Rose water, mixe
them well, and drink it morning and evening. This is
a rare secret, and often proved: the drink must be drunk
cold.

CHAP. CIX.

Of the Hemorrhoids, and their cure.

The Hemorrhoids, are an alteration in the Hemerhoi-
dal veins, caused of a corrupt and putrified humour,
whereof nature being willing to discharge her self, sen-
deth forth by those veins unto the extreame or outward
parts, where it cannot passe through, and causeth the al-
teration and inflation that is called the Hemorrhoids.
This corruption and putrifaction, is caused of the evil
quality of the liver, which corrupteth the blood, and is
the cause of all this inconvenience. Now for the cure, it
were necessary to help the liver, to purifie the blood, to
alter the Hemorrhoids, and to discharge nature of that
impediment. First therefore, give them *Electuario Ange-
lica*, the next day they shall take *Sirupo solutivo*, whereof
they shall take five or six doses. Then let them anoint the
Hemorrhoids, with *Gaulick*, once or twice, and they
shall soon after be cured.

Of the divers sorts, and divers effects of the
Hemorrhoids and their cure.

By reason of this disease, that cometh always at the
end of Intestino, or Longanon, some have marvellous
pain about the fundament, some burn wonderfully, and
others do scald; which cometh because of the good or bad
qualities in some, more than in other some, as experi-
ence sheweth. For (as I said) some have such a burning
that they can take no rest, some have such pain, as they
cannot sit, some have it scalding hot that it is intollera-
ble. Though this infirmity is more hurtfull in one com-
plexion than in another, and the cure harder; yet you
shall cure them in this manner. First give them Aromatico,
then purge the body five or six times with Sirupo so-
lutivo. Then give him fume at the lower parts, with
frankincense, and Roazar sitting on a close stool three or
four times, and then anoint the parts with Balsamo arti-
fic, for that will dry and take away the pain altogether,
and the patient shall be surely healed.

There are others kinds of Hemorrhoids, but two in
principall. The one sort is in the fundament, and cau-
seth great pain when they go to stool. The other sort
cometh forth of the fundament, and are not so painfull as
the first. To cure those within the fundament, you shall
give the patient eight or ten days together Sirupo magi-
strale warm; let them take Aromatico once, and use Clis-
ters, wherein is put half an ounce of Aqua reale Phlo-
raz, at a time, and so thou shalt help them. The best
way for those that are come forth, is to make incision, or
to make a little hole in them that the blood (which is pu-
trified) may come forth, and so by evacuation thou shalt
help them. Also you shall understand, that vomiting is
very necessary in the cure of both sorts, because it open-
eth the veins. Also Oleum Quorum, doth ease the pain
of the Hemorrhoids very greatly: so doth the oil of figs, if

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you anoint them therewith. The Tooth of an Harte
fish, being wozen in a ring on the finger after the bo-
dy is purged, taketh them away by a secret and hidden
quality, a thing proved moze then an hundred times.

CHAP. CX.

Of the cure of such as are troubled with
suffocation of the Matrix.

A Certain woman afflicted therewith having much
pain and grief in her stomach, was cured by taking
a dose of Electuario Angelica. Then she used our sirrup a-
gainst pains of the mother, eight or ten days, and anoint-
ed her stomach, with Magno licore every night.

A certain young woman afflicted in manner aforesaid,
wanted also her naturall sicknesse, and began to lose her
naturall heat: so that nature could not digest the super-
fluous matter in her body, was thus helped. First she
took Electuario Angelica, and every night anointed her
stomack, nozethrills and pulses, with magno licore, and
every morning drank of Quintessence solutive, and so
was cured.

CHAP. CXI.

To cure a rupture or bursting in the be-
ginning.

Every ten days once give them Aromatico, and eve-
ry morning fasting, give them one ounce of white
Tartar, in water or wine, and two hours before supper
you shall take the like: let your bread be dry, also you
must wear a trusse fit for that purpose, and use this reme-
dy following. Take of the spirit of wine twelve ounces,
frankincense, Olibanum, mastich sarcocolla, of each half
an ounce, infuse them in Aqua vita, and therewith
wash

wash the rupture twice a day, then cast thereon the powder of Biskingua, and the herb Balsamina, and lay thereon a cloath wet in the said water, and bind on the trusse so hard, as he may possibly abide it; and hereby shalt thou heal any great rupture, in an hundred days, but see that you keep diet accordingly.

Another for the same.

Take very stiff and thick paper wel gummed, chew it in the mouth till it be soft: then lay it upon the rupture, and lay thereon a trusse fit for the purpose.

Some use to steep the paper in lie, and tying the same out till it be dry, and apply it to the rupture, changing it once in 24 hours.

A most excellent medicine for bursting.

Take Knotgrasse, Cōfery, Ribwort, Shepherds-pouch, of each alike quantity wash them & dry thē, then set them in an oven to dry, then beat them to powder & searce thē, to that powder take a like quantity of Aniseeds, beat it with the powder & hearbs, searce them again, & when I will use this powder take as much of it as will lie upon a six pence, for ten mornings together, drink it with a little Malinsley fasting: then take of the foresaid hearbs being first sodden in fair water till they be tender, tying the water clean from them and apply it to the place not too hot; let not the trusse be too strait for it will make the place rent further, gather the hearbs to make this powder in May, when the chief strength is in them, put a little oil of Spike to the hearbs after they be boiled, and the water clean drawn from them, anoint the place with oil of Spike, before you lay the hearbs to it. This hath been often proved to be good upon children that have been born so, and upon old folks, that have been many years broken.

CHAP. CXII.

Of retention of Urine, and the cure thereof.

The retention of urine ariseth of many causes, one is gravell, that stoppeth the conduits where it should passe, an other is the want or weaknesse of the virtue expulsive; so that nature cannot expell; an other is a carnosity, which is an alteration caused of corrupt and putrified humours, which do so restrain the powers, and urine, that it cannot passe. There is another, and that is viscolity of the reins, so grosse, that it hindereth the urine from passing. Another cause, which is too too common, is the Gonorrhea, when it changeth into Stranguria, that it is a stopping or choking of the conduits, that carry the urine to the bladder. All these foresaid causes, proceed of one original, even of the distemperature of nature. wherof if you ask the reason you shal understand that it ariseth of that filthy beginning, which bringeth the foul disease. That which moveth me to believe it, is the obserbation thereof divers and sundry times, for many have been cured, that were infected with the pocks which were troubled (with carnosity befoze spoken of) some with gravell. some with debility of the virtue expulsive, some with Gonorrhea; all which when they were cured of the pocks, the other distemperatures were therewith also cured. For that disease is the cause of twenty mischiefs, and the reason why many Physicians make a long cure of the former distemperatures, is for that they know not the main and principall cause of them. But now I will shew thee a true and excellent manner of curing the retention of urine, which way soever it cometh.

First give them a dose of Aromatico, then give unto them Sirupo solutivo, eight or ten days, but in any wise

keep no strait diet, but a good government as you do most commonly use: and eat such meat as pleaseth thy stomach best: cau'se them also to sweat, and in short time thou shalt thoroughly cure them.

CHAP. CXIII.

A most excellent remedy to cure the difficulty of Urine.

The difficulty, or retention of urine, caused divers ways, as of gravell, viscosity, exulceration, &c. is in this sort very well and safely cured. When the cause of this difficulty of urine is in the reins or kidneys, so that it be not a stone in the kidneys, or some great stop of gravell see that you work thus.

Take the lungs and pissel of an hare, boil it in good wine, when it is well boiled, stamp it small, and passe it thorough a strainer with the said liquoz wherein it was boiled. Remember that when you boil it there must not remain much liquoz in the vessel. Then take the said matter that you strained, and put thereto as much purified honey, and boil it on a soft fire, untill it come to the foyn of an Eleduary. When it is boiled put thereto for every pound of that Eleduary these things following made into fine powder, of Lignum aloes, of Cinamon, of each scruple Cloves Saffron, of each one scruple. Must four grains, Aqua rosarum one ounce, Quintessence solutive one ounce and a half. Incorporate these well together, while it is warm, and keep it in a glasse close stopped. And when you will use it, you must first take a dose of Eleduario Angelica, and while you use the Eleduary, remember to anoint the reins with Aqua fetida, when you go to bed. Of the Eleduary you must take one ounce in the morning, and fast thereon four hours, and use some exercise, and in short time, thou shalt see a marvellous good work performed. For the reins will be strengthened, the viscosity will be resolved, the power will

will be opened, and the urine will be expelled, and cleansed, all which are effects necessary for him to regard, that will with honesty and credit, help the former malady.

Another often proved,

If thou wilt presently help one that cannot make water, by reason of wind viscosity, or other grievous cause, bering the party; anoint the reins, and the privy parts with Balsamo Artificiato, and keep them very warm, and forthwith they shall make water, to their great satisfaction.

CHAP. CXIII.

Retention of the Urine, with a stitch

in the side.

One was in very short time cured of these infirmities, after he had taken Aromatico: and anointed him in manner aboves specified, with the Balsamo Artificiato, which you shall find under the title of Balsome, &c.

CHAP. CXV.

The swelling of the leg and foot, cured

in manner following.

First the patient took one dose of Aromatico, then he used Quinaessence solutive, three or four mornings together in a little broth. That done, he drunk every morning a little Quinaessence vegetable fasting, and every night, he anointed his leg, with Ol. um Philosophorum nostrum. Also now and then he took a dose of Pilulæ Angelicæ, to keep the body soluble, he kept a reasonable good diet, he

used not much walking, so that very shortly after, he was well cured.

CHAP. CXVI,

Of Chilblains, and their cures.

Ye shall understand that Chilblains (as we term them) are caused of no other thing then of humours dried, and restrained in the bodie. For in winter when it is cold, the pores do shut so close together, that the humour cannot passe or come forth, neither by sweat, nor other exhalation or expiration. For that cause, the humours in a young man (who is hot of complexion) may not be kept in; for then nature (which would ease her self) sendeth that exhalation, unto the extreame parts of the body, that is, unto the hands and feet; where remaining there is caused that alteration; and in processe of time the skin doth open, and the humour goeth forth; but cannot heal till the spring, when warm weather cometh in. Holobeit, there is found out a secret to cure them quickly, and with great ease. First let them bloud, then give them a dose of Electuario Angelica; after that let them take Sirupo solutivo, six or seven days together, not keeping any streight diet or rule. After this anoint them with Oleum philosophorum de cera & cereinchina, at night when they go to bed: and do thus one week at the least, and then no doubt thou shalt cure them, as I have often proved. Also the oil and water of frankincense, will do the like.

CHAP. CXVII.

Of Corns on the feet and the manner to take
them away.

The Corns that come on the feet, are a kind of hard
tumour, or thick excreſſence cauſed of corrupt and pu-
trified humours. Whereof nature being willing to diſ-
charge her ſelf, ſendeth them to the lower part of the feet
whereout becauſe they cannot paſſe, there do they make
reſidence, ingendring that kind of tough excreſſence,
which is grieuous and painful. Many times the cauſe
hereof arſeth of that noiſome diſeaſe Morbus Gallicus,
as ſome write, and then muſt it be remedied with medi-
caments appropiate thereunto. But if they come o-
therwiſe, then to take them away follow this order.
When they are in their greateſt ſtate, and cauſe moſt
pain, cut them untill they bleed, then anoint them with
Baſilico Artificiato applying it ſo hot as you may ſuffer
it; thereupon go to bed. Then touch them once or twice
with Oleum ſulphuris, and anoint them with Oleum phi-
loſophorum de teribinthina & cera, untill they be whole.

Some take the ſucc of Sempervivum, and anoint the
eyes therewith. Then they take Wormwood, and lay it
upon an hot tile ſtone, and ſprinkle it with ſtrong vine-
gar, and being hot bind it upon the Corns, and in three
or four times ſo doing (as I have been credibly inform-
ed) the Corns will be taken away. Alſo the red plaſter
or ſcar-cloth beſore ſet down cureth the ſame.

CHAP. CXVIII.

Of an infirmity that cometh on the fingers
ends, and in the feet, under the
nails, and the cure
thereof.

Many men are greatly troubled herewith, and in
much manner, as thereby they are made altogether
unable to go. It cometh on the great toe under the nail
on the side of the nail for the most part and a man would
think that the nail grew in the flesh, but it is not so, for
the flesh groweth upon the nail, though this infirmity
appear not, to be a thing of great importance (whereof
the ancient writers have made little mention) yet is it
a thing greatly to be regarded. For many great per-
sonages that live easily, and are tormented with the gout,
have also this grief in those parts: but the order to cure
them is this. First you shall cut the nail on that part
where it most grieveth them; then take it away, which
you may do easily without any great pain to the patient
for the nail is already separated from the grieved place.
Thus when the nail is taken away, touch it with our
Caustick, whereof mention is made in our treatise of
the plague. Let it so remain three days together: then
dresse it every day with Magno liore, untill it be whole,
which will be in a very short time.

CHAP. CXIX.

Of Erisipela, or tumour in the face, or any
other part of the body, and the
cure thereof.

This disease (as experience sheweth) is caused of an
hot and fiery moisture, arising in the face, arms and
legs;

legs, for where it is, the pores are ſtopped. & the ſaid moi-
ſture, cannot have expiration, whereupon cometh ſunoz:
as alſo a ſhutting and cloſing up of thoſe pores, by means
of the ordinary anointing them, with fats, oiles, &c. or
other cold things: a common courſe of common Che-
rurgians. Againſt this there cannot be found a more
preſent remedy, then the ſpirit of wine or Aqua ardens, or
bathing it with hot water: and if you waſh the parts af-
fected with our Quintaefſence, the pores will be opened,
and it penetrateth and aſſubtiliateth that humidity, cau-
ſing it to come forth. XXX. ¶ A. H. ?

Alſo you ſhall find that by drinking our Quintaefſence
and anointing the ſtomack with oleum cereæ, ſibers are
cured of a certain heat retained in the ſtomack.

CHAP. CXX.

The cure of Warts.

There is an herbe called Herba di yento: in the ſoyce
whereof, if you wet a cloath, and bind it upon the
warts, they will wear away in ſhort time after.

CHAP. CXXI.

For giddineſſe in the head.

Take the ſoyce of Prim-rose leaves, or the flowers in
the Summer, or of the ſoyce of roots in Winter, and
put into your ear, and ſtop it with black wax coll, and lie
down upon it.

CHAP. CXXII.

To help one that is deaf.

TAke the inner bark of an elder bough, stamp it and strain it, and put the ioyce into your Ears, stop your Ears with Woolle, and keep you warm with it.

CHAP. CXXIII.

For Ears that run, and are full of water.

TAke two parts of the Gall of a barrow hog, half as much of the best honey, boile these together in thicke glasses, in hot ashes till half be consumed and so use it, prescribed by Dr. Nicholas for Henry Medlex.

CHAP. CXXIII.

For sore Ears.

TAke the ioyce of Knot-grasse, and seeth it with honey and wine, and pour a quantity thereof into the patients ear, and stop the ear with cotton, and lie down on the contrary side.

In

In the next place I shall shew you many rare and hidden secrets, for the making and, use of our *Balsamo Artificiato*, or the Artificiall Balliome (often mentioned before) and severall other excellent Balsomes, Oyles, and Ointments, with the rare effects thereof.

CHAP. CXXV.

The making of *Balsamo Artificiato*, or the Artificiall Balliome, with a declaration of the effects and virtues thereof.

Take of Venice Turpentine, one pound, of perfect oil of Bays four ounces, oil Galbanum, three ounces, of Gum Arabeck four ounces, of Lignum aloes, Galingal, Cloves, Consolida major. Cinamon, Putmegs, Zedoaria, Ginger, Diptanum album of each one ounce, of Olibanum, Mirra eleted. Gum Hedera of each three drams, of the best Musk and Amber of each one dram. of rectified Aqua vita six pound; put all these in a new earthen pot. and let them stand seven days, close stopped that no air goes in, then distill them in a glasse retortive in sand. And the first water that cometh is white mingled with oil. after you have drawn a sufficient quantity of this increase your fire, and there will come a black oil and water, which you are to take in another Receiver, increasing your fire according to Art. til it drop no more; then separate the oills from the waters and the black oil is the Artificiall Balsame.

The inventoz of this Balsom will never want praise so long as Letters are printed, and mens bodies subject to griefs and infirmities for (besides the many great and rare virtues you find it hath in the various applying thereof, according to the rules set down in the severall places of this Book.) The first water is excellent good to
 clear

clear the eyes, and p̄s̄erbeth the sight, the face also being washed therewith, it makes it fresh, smooth, and yōung. The white oil breaketh and dissolveth the stone or gravel in the kidneys, it being drunk, it p̄oboketh urine, cureth all kind of wounds, Sciatica's, pains and aches in the joints. The black water is called the mother of Balsame, and cureth scabs, botches, scurffs, and all sorts of Ulcers, in any part of the body, in a very short time. There is an Artificial Balsom sold by the Apothecaries very good for most of the things before specified.

CHAP. CXXVI.

Another most excellent Balsom, which cureth all wounds in a very short time, it is good for all pains and aches, for the Cramp stiff members, shrunk sinews, &c.

Take of sweet oil Olive ten pound, white Wine one pound, boil these together till the wine be consumed, let it cool, and put it into a stone pot, then adde unto it, of the flowers of rosemary one pound and a half, of Lignum aloes three ounces, of Olibanum, of Bdellinum, of each five ounces, then stop your pot well with cork, pitch, and bladders, and bury it in the earth about the beginning of August, and there let it remain about half a year, then take it out, and put in these following things. Take of Sage, Rosemary, Betony, Rue, Parrotto, of the roots of Consolida major, of leaves of Vinicella otherwise called Bilsamina, of the flowers of Tapsus Barbatus, of each three handfuls, of Galingal, Cloves, Nutmegs, spica nardi Saffron, of each half an ounce, of Sarcocolla, sanguis draconis, Mastick, of each one ounce, of Aloes Epatica, resin of the Wine, of each four ounces, of Colophoina half a pound, of the tops with the seeds of Hypericon, of musk half a dram of yellow wax, of Hogs grease, of each nine ounces, of oil of war and mans grease, of each three ounces. The herbs & shal cut small, & stamp the rest of the things to powder, and

and put them all into the oil, mingle them well, and ſet them all the Summer in the Sun, then boil them till the hearbs be dry, then ſtrain the oil, & put in ſome of the Apothecaries Artiſciall Baſſame. the quantity of ten ounces, and in the moneth of September, put in of the fruit of Baſſamina, when it is red one pound, then keep it cloſe ſtopped. In defect of Baſſamina, you may take $\frac{1}{2}$ tops of the Mabelin with the flowers, it is not amiſſe to adde to your Baſſame Gum Elemin. or the oil of Gum Elemin. diſtilled, if the gums, it muſt be put in with the other Gums, about four ounces; if oil put it in with the Artiſciall Baſſame about two ounces, this Gum is moſt pretious.

C H A P. CXXVII.

An excellent Ballome to cure deep wounds and punctures, made by ſome narrow ſharp pointed weapon, which Baſſam doth bring up the fleſh from the bottom very ſpeedily, and alſo healeth ſimple cuts in the fleſh, according to the firſt intention, (that is) to glue or ſoder the lips of the wounds together, not procuring matter or corruption, as is commonly ſeen in healing of wounds.

TAke oil of roſes, oil of Saint John Wort, of either one pint, the leaves of Tobacco ſtamped ſmall in a ſtone mortar two pound: boil them together, to the conſumption of the ſuyce. ſtrain it and put it to the fire again, adding thereto of Venice Turpentine two ounces: of Olibanum and Gaſſick, of either half an ounce, in moſt fine and ſubtile powder: the which you may at all times make into an unguent or ſalve, by putting thereto Wax and Roſin. to giue it a ſtiſſe body: which worketh well in malignant and violent ulcers, as in wounds and punctures.

CHAP. CXXVIII.

To make the Italians Balsam to heal a green wound presently;
It is that which they which are called. Mountebanks use
when they heal them whom they wound and stab upon
Stages. It conglutinates and cements very suddenly any
green wound by cut or thrust, though never so deep in the
flesh, if it be not rancled and festered.

TAke a pint of Sallet-oil, and three ounces of
Barrel-pitch, two ounces of yellow Mase, an
ounce and an half of Rosin, and seeth them about
half an hour upon a soft fire, and mingle them very well
upon the fire, and then take them off, and put them into
little pots for your use; and warm a little in a sawcer,
and put it not very hot into the wound, but little more
than blood warm, and take also a soft linnen cloth and
put it into the Balsame and lay it over the wound, and
use it fresh and new morning or evening, and it cures
presently.

CHAP. CXXIX.

To make a Balsome of St. Johns wort,

TAke White Wine two pints, Oyle Olive four
pounds Oyl of Turpentine two pounds, the leaves
flowers and seeds of St. Johns Wort, of each two great
handfuls gently bruised. Put them all together into a
great double glasse, and set it in the Sun eight or ten
days, then boil them in the same glasse in a kattle of wa-
ter with some straw in the bottom, wherein the glasse
must stand to boil; which done, strain the liquor from
the herbs, and do as you did before, putting in the like
quantity of herbs, flowers, and seeds, but not any more
wine.

Dioscorides

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Dioscorides saith, that the seed drunk for forty days together, cureth the Sciatica, and all aches that happen in the hips.

The same Author saith, that being drunk with Wine it taketh away Tertian and Quartan Agues.

CHAP. CXXX.

To make Oyl of Exceter good for all manner of
aches or bruises.

TAKE a pound of the flowers of Cowslips in May, steep them in oil Olive, in as much quantity as they may easily be laid in, then take Calamint, herb John, Red. Sage, Wild-Sage, Sugar, Sotherwood Wormwood, Pennyroll, Lavender, Pelitoy, Camomill, Pelitoy of Spain, Bays, Hives, flowers of Lillies, of either of the aforesaid herbs one handfull, and these herbs must be gathered in June, grind them in a Morter as small as green sawce, when it is so done, take the flowers of Cowslips out of the oil, with clean hands, and put them in white Wine a night and a day, and take as much Wine as they may easily steep in, then take the herbs with the Wine, and boil them together with the oil Olive, that the Cowslips were steeped in, and let it boil so long over a fast fire, untill the Wine and the Water be wasted away. When it is boiled enough, take it off the fire and tying it through a strong linnen cloath, then put it in a Vessel of Tyn or Glasse, for no other Vessel will hold it. This oyntment will last 3 years, and it must be made in the moneth of June, it is good for all manner of aches and bruises.

CHAP. CXXXI.

To make Oyl of Roses the best way.

TAke half a pound of red-rose-leaves and stamp them very small, and then take a pound of oyl Olive, and mingle with your roses, and put them in a glasse well stopp'd, and seeth them in a Vessel with water, the space of six hours, and then strain them throught a clean cloth, and keep it in a glasse, and by this proportion you may make as much and as little as you will.

CHAP. CXXXII.

Another way of making Oyl of Roses.

TAke Roses and oil Olive of each alike quantity in weight, shred them and put them in a Vessel of glasse stop it well, and hang it in a vessel of water, up to the neck two moneths, and every day stir it once, unstop it again and strain it throught a Canvas, and put away the grounds, so keep it in a vessel of glasse well stopp'd, for this is a colder kind then the other.

CHAP. CXXXIII.

To make Oyl of Lillies.

TAke Sallet oyl and put into it a good quantity of the flowers of white Lillies, then set it in a pot of hot water, and let your oyl & your Lillies boil a good while, then wring out your Lillies, & put in moze Lillies, and set them in the Sun, and let them stand so long as you think convenient, then take them out, and put in moze Lillies, so change them once or twice moze as you think good; for want of flowers, you may take the root and stamp it and boil it as aforesaid.

CHAP. CXXXIII.

To make Oyl of Balm.

TAke oil Benedict one pound, gum of Ibie, seed of Balm, then take chosen Hops Turpentine four ounces, mingle them together on a little fire, thzee or four times, till it hath a little colour and shining, and till it come to thicknesse of honey or Turpentine, then keep it pretiously. This oil is good for all aching of sinews, coming of cold, it keeps dead bodies from rotting and corruption. It is good for all other things, for the Palsey and the falling sicknesse, and the stone in the reins, and in the bladder, and to cure all coldness of limbs.

CHAP. CXXXV.

To make Oyl of Worms for an ach.

TAke a pint of Sallet oil, and a pint of red Worms, a handfull of Rosemary, and a handfull of Comphrey, then take these, and chop them together very small, then put them into the oil, and let them boil till they be enough, then strain them through a linnen cloath, and so keep them close covered, the older it is the better, when it is boyled enough, then it will simmer softly, if it boile too much it will flame away.

CHAP. XXXVI.

To make Oyl of St. Johns Wort.

TAke the leaves, flowers and seeds of St. Johns Wort stamped, and put them into a glasse with Oyl Olive, and set it in the hot Sun for certain Weeks together, and

and then Strained it from those herbs, and the like quantitie put in, and sunned in like manner, doth make an Oyl of the colour of blood, which is a most precious remedy for deep wounds, and those that are thrust through the body, for Kneues that are pickt, or any wound made with an inbenomed weapon.

C H A P. XXXVII.

To make Oyl of Broom.

TAKE a quart of May Butter clarified in the Sun, put thereto three pints of Broom-flowers clean pickt from the stalks, let it stand in a Bason till you can have Elder-flowers, wherereof put in a pint and an half, clean pickt also; let them stand together a moneth, put it into the Oven after bread, or in some other place where it may have a continual warmth, and stir it sometimes: Strain it through a thin cloth, and set it in the Oven again to cleanse it.

This Oyl of Broom is very good to take out the fire of a burning or scalding, for the tooth-ach that comes of rhume, to anoint the cheeks and gums, being kept bound; it is also good, taken in posset-drink, for any infectious disease, and sweat upon it, it is good for a bruise in a womans breast, or swell'd with milk, it will mollifie a green wound, it is good to drink for any inward bruise; it helpeth any new ach or pain in the joint or bone, & for the Splæen; mingled with yellow Wax, and plaistred upon linnen cloth, it is good for soze heels, and for many other things.

CHAP. CXXXVIII.

To make Oyl of Hemp-seed, which causeth a comely face, and maketh the person merry which useth it.

TAke one pound of Hemp-seed, and beat it very fine, then sprinkle and wet it with a little wine, and put it into a new earthen pot or pan well glazed, and set it over the fire, heat it so long, till you cannot suffer your hand in it; then put the same substance, into square bags, which you must presse hard, and an Oyl will come forth, whereof if any drinke the quantity of one ounce at a time, it maketh him pleasant and merry; and if a Souldier drinke it, it will make him both force and hardy, to fight without any fear or doubt of his enemy. In this manner you may draw out any Oyl out of all seeds.

CHAP. CXXXIX.

To make a Green Oyntment.

TAke of Sage and Rue of each a pound, of Bay-leaves and Myrrin-wood of each half a pound, of Pellitot, herb or flower of Camomil, of the flowers of Spike, of Rosemary, of Rose-leaves, of St. Johns Wort, and of Dill, of each one handful. of Marsh-mallows two handfuls: All these herbs chop as small as may be, and stamp them, and weigh and put thereto the like weight of Sheeps-suet, chop it as fine as may be, and mince your herbs and it together. and stamp them in a Stone mortar to one substance, that there be no suet seen, but all green: then put it into some fair earthen pot, then put thereto sweet Oyl Dill be a pottle and pint: work these altogether in a pan with your hand to one substance

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substance, and cover it close with past. that no air go in or out. so let it stand seven days, then take it forth, and put it into a pan, and set it on a soft fire till the leaves begin to wax parched hard, and then strain it into some clean pan, then have ready these oyls following: oyl of Roses, of Spike, of Camomile, of white Lillies, and of Violets. of each one ounce, stirring them well together and reserve it in glasses or galley pots to your use, if you will have it more pleasant of smell, and more nourishing, adde thereto the Gumms Labbaniū one ounce and a half, beaten to fine powder, Storax calamitated three quarters of an ounce, bruised fine to powder, mingle this with your other stufte as befoze, and so keep it to your use.

This ointment is good for stiches for bruises, for the palsey, for the shrinking of sinews, gouts, and sciaticas, for the ach of the back, lameness, plurisies, for the cough, the soles of the feet being anointed therewith, for extreame pain in the head by cold, making a cap for the crown with linnen cloath, and lay it in wool pluckt from the flanks of a live sheep, make it clean from the filth and motes, and cartle it, then wet it in the ointment, and so paste it and lay it somewhat warm to your head. it is good also for the collick and the spleen, and the cold droppe of the Liver.

CHAP. CXL.

An Oyntment for any Ach or Crick.

TAke 12 pound of butter in the moneth of May, one pound of Hyom. flowers, and stamp them, then boil them in the butter a good while, then strain it and put it into a Glasse, and let it stand a while in the Sunne to clarify, when you use it, take one spoonfull of the oyntment, and three spoonfulls of Sack, and boyl them together, then bath the place therewith as hot as you can suffer it and dip a cloath therein, and apply it hot to the place.

Chap. 141.

CHAP. CXLI.

Another excellent Oyntment for any bruise strain or pain in the joints.

Take two handfulls of Rosemary, two handfulls of Hyssop, half a handfull of Adders tongue, half a handfull of Egrimony, and boyle them together with Hogs-grease, and a little Rosin to a reasonable thickness and apply it.

CHAP. CXLII.

An excellent Oyntment for the Reins of the back or other part of the body that hath pain or Crick.

Take a good quantity of Peats-foot Oyl, and put thereto a sufficient quantity of Aqua vitae, mingle them well together, and anoint therewith for it hath been often proved excellent.

CHAP. CXLIII.

An Oyntment for all manner of Stitches and akings, in what place soever it be in mans body.

Take a peck of flowers of Brim, and two ounces of Galls, and put them in an earthen pot and fill the pot full of Urine, and stop the pot fast, and put it in the earth at the doore of the house, and let it be there twelve months, and then take that oyl that is in the pot and strain it, and put it in a vessel to keep, and anoint therewith the place grieved, and it wil help, when all other medicines fail.

CHAP. CXLIII.

An Oyntment for Ears that run and are full of
water.

Take two parts of the Gall of a Barrolo-hog, half as much of the best honey, boile these together in a thick glasse in hot ashes till half be consumed, and so use it, Dr. Nicholas for Henry Medlex.

CHAP. CXLV.

An Oyntment for an impostume in the Ears.

Take two spoonfulls of oyl of Roses, and as much virgin war as a Putmeg, melt it together, and make it very warm, then put to it a little saffron finely pounded, then take it off the fire, and stir it till it be almost cold, then put to it a quarter of the yolk of an egge, and stir it, and when it shall be like an oyntment, take the bignesse of a hazel-nut, and melt a drop of it into the ear, and so continue four or five drops, and anoint the Ears round about, and stusse it with unwashed wool round about, and keep it warm, this will ripen the Impostume.

CHAP. CXLVI.

A singular medicine for any stopping at the
stomack.

Take four ounces of Lynseed, and boile it in a quart of milk, till it come to a pint, and anoint the bzeast therewith, then take a peece of scarlet, and wet it thoroughly in the milk, and when it is wet, lay it on your bzeast without warming.

CHAP. CXLVII.

An Oyntment to clear the Lungs.

TAke the pay of rosted apples, as much oblibanum as a bean, twice as much Sugar-candie as oblibanum, mingle them together being beaten to powder, if the patient be far gone, put to it a little oyl of sweet Almon, and anoint the bzeast outwardly with oyl of Almonds.

CHAP. CXLVIII.

An Oyntment for deafnesse.

TAke an English Onion of the greatest you can get, and cut of the tip of it, then take out some of the meat and fill it up with the best Sallet-oyl, then wrap it up in a brown paper, and rost it in the embers; when it is rosted you must peel it, and then strain it through a fair cloath, this you may drop with a feather into your ears luke-warm morning and evening, and your head must be kept very warm.

CHAP. CXLIX.

An Oyntment to break a sore.

TAke two drams of Cantarides, a quarter of an ounce of Pepper, and so much vinegar as will make it a perfect oyntment, lay this upon a brown paper, and apply it.

CHAP. CL.

An excellent oyntment for scalding or burning
by Mr. *John Burghesse*, which will do
more in six weeks, then another
in three moneths.

Take Bacon that is very fat, cut of the sword, and
cut it into Collops very thin, and fry it till be black,
then pour the liquoz into water, take it out of the water
and put it in the pan, and fry it again till it be black, then
pour it into the water again, then take it out of the wa-
ter and put it into the pan, and fry it till it be black, then
pour it forth again, and beat it with a little water till it
be white, put your water clean from it, and put your li-
quoz into a posnet, take a reasonable quantity of Onions,
pilled and chopped small, put them to the liquoz, and
boil them together, and strain it through a cloath, and
keep it to your use: this cured a man that was scalded in
a Brewers vessell.

CHAP. CLI.

For a burning or scalding.

Salt dissolbed in water, or hyne: presently takes away
the pain, and heat of any burning or scalding. If it be
anoointed therewith, and especially if it be bathed with
linnen cloths dipt therein, to heal it that it be not seen.
Take sheeps suet and sheeps dung, the inner rine of el-
der, and boil them through a course cloath, and when you
use it warm it, and lay it on the burnt or scalded place
with a feather.

CHAP. CLII.

An Oyntment to take away a Wen.

MAke powder of unslacke lime, and mixe it with black Sope, and anoint the Wen with it, and the Wen will fall away, and when the root is come forth, anoint it with oyl of balm and it will heal it perfectly.

CHAP. CLIII.

An oyntment for the Shingles,

TAke Adders-tongue in the moneth of May one pound and three quarters of a pound of fresh clarified Hogs-grease, and stamp the Adders-tongue very small in a Mortar, then boil them together, and stir them till they become a salbe, then put it into an earthen pot, and anoint the Shingles, and spread some of it upon a cloath, and lay it upon the Shingles so far as they go, this is good against any biting or stinging of a Serpent or madde Dogge, by anointing the place very hot.

CHAP. CLIII.

An Oyntment for the cold Sciatica, or Benumbednesse in the thighs or legs.

TAke a pint of Aqua vita, a pint of Wine Vinegar, a quarter of a pound of oyl of Bayes, the succ of four or five handfulls of Sage, a salucer full of good Mustard, the Gall of an Oxe, and chafe them in the bladder an hour or more, that the oyl may be well mingled with the rest, and anoint the place therewith against

a good fire, and let him go warm into his bed and sweat.

Probatum est.

CHAP. CLV.

An Oyntment for the Gout, and to comfort the joynts.

Take a For, put the guts and skinne away, and cut him in small pieces, and take a gallon of Sallet Oyl, seeth them together with a soft fire, and put therein a handfull of Bugwozt thred small, two ounces of Dill in powder, seeth it again in a pound of oyl Olive, and a pound of fresh butter, seeth it till all the water be consumed, then strain it, and anoint the joints therewith.

CHAP. CLVI.

An Oyntment against the Palsey.

Take Ivy-berries and Capons grease three ounces, and the roots of Celendine a handfull of Sage, of oil of Bays two ounces, of oil Olive half a pound, beat the hearbs and roots small seeth all these together upon a small fire, so strain it and anoint the place grieved this is very pretious.

There is *Flos Vnguentorum* or the flower of Oyntments sold by the Apothecary, which hath very rare effects, for the curing of all old Fistulaes and festred sores of long continuance, it draweth any broken bone, splinter, or thorn out of the flesh. It cureth aches or pains in the joints or bones and (being rightly made) is above all others the most pretious unguent as experience dayly teacheth.

I have already shewed you many hidden secrets or rare experiments in Physick and Chyrurgery; which thou must needs acknowledge to have produced wonderfull great effects; yet are they nothing in comparison of these that are behind, the reading and right use whereof, will render thee a true imitator of him who by his unparalleled wisdom and morall Philosophy, knew the virtues and use of all herbs and vegetables, from the tall Cedar of Libanon, to the Hyssop that groweth upon the Wall. And forasmuch as there is none that can (with assurance of good success) undertake any cure in Physick, without observing certain Rules (as hath been already proved unto you in the practise of Chyrurgery,) Before I speak of Purges, Vomits, Waters, Drinks, and Hearbs in generall, I shall recommend some particulars which I always observe in the ministring of Physick.

CHAP. CLVII.

Certain Rules to be observed by the learned and expert Physician.

A Skillfull Physician is a continuall Notary or servant of nature; for the right ministring and applying such fit and proper remedies as may help, defend, and sustain nature; and waite or destroy the malady or disease, which that thou mayest effectually perforce, search diligently to know the cause from whence the distemperature or disease ariseth, whether of Phlegm, Choller, Blood, or Melancholly, and whether it be seated in the Stomack, Head, &c. or from a hot or cold cause, by which means thou art in a good measure enabled to find out the grief or disease, and apt to prescribe a proper remedy against it. If thou findest it convenient and profitable for the Patient to be let
D blood

bloud thou must have resp'd to the time of the year, the age of the party, the sign that governeth, the strength of the Patient, and the disease.

In purging also thou art to take notice and consider what humour is to be purged, and how far it aboundeth, and have as speciall regard to suit the medicine to the humour that thou wouldst purge as to the time, and the quantitie thou givest thereof. But chiefly and above all I hold it necessary (in all sicknesses or diseases) you should observe the time when the Patient falleth ill, and what Planet governs, and what the aspects are, for by that you may judge whether it be a convenient time to minister Physick, as for example.

R. H. findeth himself ill this present day, being the first of April, 1651, and seeketh unto me for remedy. I find at this time Saturn in opposition with the Moon, and Mars with a quartille 12 degrees, a sextile with Venus 6 degrees, by which I adjudge it not a good time to minister Physick, and the next day like unto it, therefore unless I perceive the Patient to be in great necessity, I perswade him not to take his Physick untill the third day, which I find favoured with better aspects.

These kind of observations are of great antiquity, and were in high esteem among the most learned Philosophers, the practice whereof is of that singular use in these times that come in London and other places, which soar with the highest on the wings of fame, give judgements this way, rather then by the urine, and therefore I suppose thou wilt not think it losse of time, if I am the more large on this point.

If thou wilt therefore be expert in this art thou must be thoroughly informed concerning the course of the heavens and the celestial bodies, and what the signs and aspects be, which thou hast more lively represented by this figure.

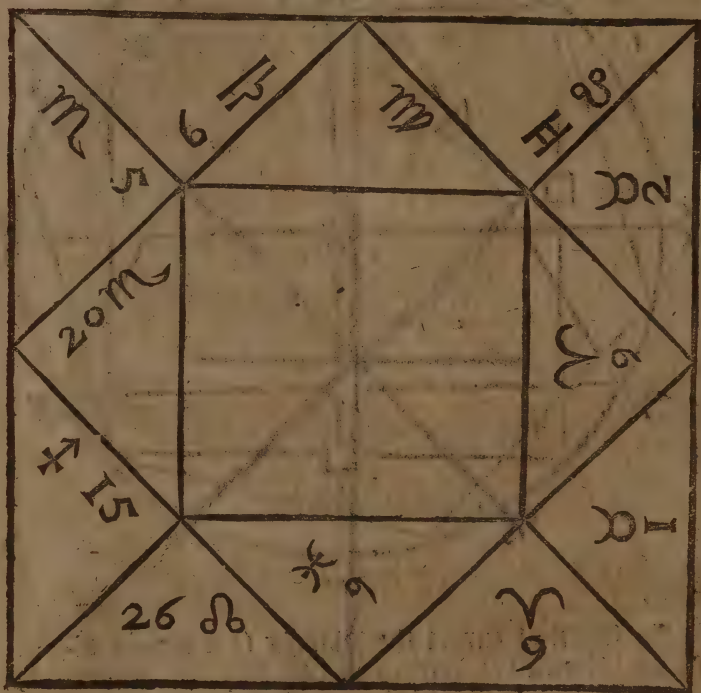
Rules for an expert Physician.



An Aspect of any of the Planets is a certain distance between the centers of two Planets. Where in they notably help or hinder, prosper or afflict; for by good aspects, as the Sextile, and Trine they assist and prosper, but by a Quartile and opposition, they be hindered and afflict: so that by this thou mayest perceive the conjunction is good with good and evil with bad.

By a Trine you are to understand a third part of the Atr, a Quartile is the fourth part of the atr, a Sextile a sixth part of the atr. An opposition is when one Planet is right against another, the half part of the atr, and

a conjunction is when they meet. But that which is of the chiefest use in matter of thy study and practise is, the knowledge of the twelve houses, which Astronomically are deciphered thus.



In each house thou findest characterized one of the 12 Signs, yet note that they do alter and change according to the Quotidian and course of motions. Thre of these signs be of the nature of fire, thre of air, thre of water, and thre of earth. The thre fiery Signs are Aries, Leo, Sagittarius; the thre of the ayre be Gemini, Libra, and Aquarius; the thre of the water, are Cancer, Scorpio, and Pisces; and those of the earth are Taurus, Virgo, and Capricornus.

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And when 2 Planets are in one sign, and one degree of the Zodiack there is a conjunction.

Therefore as it is necessary that thou shouldst know what the sign is, when thy Patient falleth sick, so must thou likewise know what Planet is Lord of the house, then observe what the Aspects are (described in the first Globe or Sphaer) and it will not a little direct thy judgement both concerning the disease, the remedy, and the time of continuance or abatement thereof.

Also the knowledge of the Planets is the more desirable, for that it is the judgement of the wise Philosophers, that they have not onely influence upon the bodies of men, &c. but also upon all Hearbs, Plants, and Vegetables; for the Sun hath a speciall influence on the Bay tree, and other trees of that nature, and we find by good experience the effects answerable (of which more in the virtues of herbs,) the study whereof will very much enable thee in the right ministering and applying such things as in thy practise thou shalt find requisite to be made use of: for Alcomes the Philosopher chose to make his powders, (whereof he giveth such large commendation.) when the Sunne entered the first degree of Aries.

I shall now therefore proceed to set down certain generall remedies by way of Purgations, Vomits, Glisters, Drinks, and Waters, with divers other hidden secrets for the curing of any disease or malady of the body either internall or externall.

CHAP. CLVIII.

An excellent Purge.

Take Diacatholicon one ounce; Confection of Hameck one ounce, mixe them very well together, and put them into half a pint of white-wine and drink it.

CHAP. CLIX.

Pills to purge Melancholy and Choller,

Take half an ounce of Aloes Sackarina, and beat it to powder very small, then take a dram of Rubarb, and slice it very thin, and dry it in a saucer upon embers, then beat it to a fine powder, and of powder of Steel half as much in measure as the Rubarb, and with a little Claret-wine temper them together till they be like paste, and then make them into pills, whereof take one every night 2 hours after supper, and in the morning drink some broth.

CHAP. CLX.

To purge the head of grosse Choller and Phlegm.

Take Pillule Masticka fermely, 1 dram and a half of oyl Teijme Chymicall seven drops, of the spices of Aromaticke seven grains, mix these well, and make them into ten pills, an hour before dinner and an hour before supper, and use them as you have need.

CHAP. CLXI.

A Speciall powder for the Memory, and to purge
the Brain.

Take three ounces of Sene leaves, Sednarij, Commi-
parley, and Dill seed, of each an ounce, Ginger one
ounce and a half, Cloves, Putanegs, Calimus, Calingal,
Pimpernill Roots, Sage, Rue, Valerian, Annis seeds,
of each one quarter of an ounce, Sugar three ounces,
pound all these small and temper them together, and
take thereof morning and evening one dram at one
time.

CHAP. CLXII.

Another excellent Purgation.

Take the flowers of the Peach-tree, infused in warme
water for the space of ten or twelve hours, then
strain them and put thereto more of the flowers and put
to the said liquoz to infuse after the same manner six or
seven times; then put thereto as much Sugar as it will
require, and boil it to the thicknes of a sirrup, where-
of take two spoonfulls in the morning, and it purgeeth
the belly better then Rubarb or Agrick, for it worketh ex-
ceedingly upon moist and watertish humors without
pain or gripings.

CHAP. CLXIII.

To make Pills of Liquoris to be taken after an extreame
cold, or the falling of the Rhume from the head.

Take choise Liquoris, and beat it to fine powder, and
put thereto so much Hyssop water as will make it
like

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like paste with a little Gum-dragon, & make pills thereof, and let them dissolve in your mouth.

Another gentle purge.

Take a new-laid egge, & put the yolk from the white, then put the yolk again into the shell, and sup it off, then drink four spoonfulls of Aqua vita after it, and walk a while upon it.

CHAP. CLXIII.

A Glister for the Emrods.

Take a Glister made of a quart of milk boyled to a pint, with two handfulls of Gallows, and a handfull of Mercury. Then take Frasinco's, Storax, and Benjamin, and powder them, and take the same thereof in a close stool, and anoint the place with Unguentum album Camphoreum.

CHAP. CLXV.

Another Glister.

Take a pint and a half of strong ale, an ounce of Fennell-seeds, and five or six ounces of course Sugar, four or five spoonfulls of sirrup of Roses, or of sirrup of blew Violets, your Fennel-seeds must be beaten, and boyled in your ale, it must boill half a pint away, then strain it, and put in your Sugar, and which of these sirrups you will, and give it warm.

CHAP. CLXVI.

An excellent Vomit.

TAke Antemoney prepared, beaten small, one pennyworth, and infuse it in a penny-pot of White-wine, take Sinamon brained, strain it, and as you use it warm it, and one hour after, if it work not, drink warm posset-ale; and if the water proceeding be tough and thick, put into the posset-drink a little sweet-buttermilk, but be sure the sign be not in the upper parts, by reason the matter will not stir and operate, the quantity you give may not be above two or three spoonfulls, according to the strength of the patient, four spoonfulls will be enough for any strong body.

A vomit for an Ague.

TAke the powder of Scabin according to the strength of the Patient four, five, six, or seiden grains, and give it to the party fasting in any convenient sign, and drink posset-drink between whiles. It purgeth both ways without danger.

CHAP. CLXVII.

Dr. Giffords purging drink,

TAke of the roots of Parsley, Red-Fennell, Sparagus, Rabber, of each two ounces, of Red-Dock roots two ounces, of Hetrach, Maiden-hair, water-Cresses, Scabius, of each two handfulls, of Ber-rage, Buglas and Violet-flowers, of each half a handfull, of Sena three ounces, of Polipodium of the Oak two ounces, of Epithemum one handfull and a half, of white Tur-bity,

Lith, of Gum Mexican, of each two ounces, of Sassafrage, of Ashen-tree bark, of Capper-roots, of each one ounce, of Annis-seeds, Caraway-seeds, Coiliander-seeds, of each two drams, let the hearbs and the roots be a little dried, and cut that which is to be cut, and bzuise the rest and make a grosse-powder, put it into a linnen bag, and put into a firkin of four gallons of six shillings Beer, when it is cleansed put into it, a pint and a half of the iuyce of Scurvy-grasse clarified, put aside the settling from the dregs in the hottome, & dzink a good draught of this ebery morning fasting, and at four of the clock in after-noon.

CHAP. CLXVIII.

A Purging drink for a tough Phlegm.

Take Salsaparilla, Vermoadiles picked, Sena of Alexandria, Liqnozice, of each three ounces well bzuised, the filling of Guajacum four ounces, the bark of Guajacum two ounces pounded, Bay-berries, the husks taken off and bzuised, one ounce and a half, Cinamon pounded half an ounce, two good Nutmegs bzuised, put all these into two gallons of new tunned ale, and thye days being ended, the next morning at six of the clock, dzink half a twine pint if you can of the ale, & as much at thye of the clock in the afternoon make a spare dinner at ten of the clock, and the like supper at six, or else dzink one draught at six and another at ten lest it arike you rise in the night.

CHAP. CLXIX.

An excellent drink for the yellow Jaundies.

Take tops of green Broom a reasonable quantity, Chopped them small, then put to them half a pennyworth of Saffron, Stamp them well together, put to them of Strong Ale or Beer, two good spanfulls so let them steep all night, in the morning strain it with a little more beer to make a small draught, let it be drunk by times and fast three hours, and use to swing the arms much, receive it three or four mornings making it fresh every morning.

CHAP. CLXX.

A drink for spitting of Blood.

Take the juce of Betony, and temper it with Goats milk, and give it the patient to drink three dayes, or take Smallage, Pinks, Rhen, and Betony, and seeth them well in good milk, and sup it off warm.

CHAP. CLXXI.

A drink for a surfeit.

Take three quarts of strong ale, steep therein a quarter of a pound of Liquorice, & half a quarter of Aniseeds twelbe hours, then still it in a Limbeck, & take a quart of the first water for the surfeit drink.

To a quart of this Aqua vitæ, put a dram of Hierapicra made into fine powder, as small as dust, and so put it into Aqua vitæ, and shake it half an hour together, then put it into a Stove or Cuboyd near the fire where it may have a continuall warmth like the heat of the

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Sun for ten days, for that time shake it once a day very well, after these ten dayes it must stand a week to settle that it may be clean put from the bottome, when you pour it out: the Uses are, it may be safely given in surfeits of all sorts, one, two, or three spoonfulls at severall times to some complexions it will give some few stools, it must no way be given to a woman wth child unless she be in hard trabel near delivery, in shew of danger nothing is better to speed delivery.

CHAP. CLXXII.

Another for the same.

The distilled water of Gallows sliced in small pieces when they be ripe, and drink once in a day three or 4 ounces for a moneth together & it doth greatly help the Stone, causeth the Urine, and purgeth the kidneys and alayeth all inward heats, and not unnaturally, coaleth the liver and ceaseth thirst.

CHAP. CLXXIII.

A restoring Drink for any decay of the inward parts.

TAke live honey, and put thereto tops of Balme, Couflip. blossomes, Rosemary flowers, Burrage, flowers Buglas flowers, the flowers of red Cornations, let these remain in the honey a month, the stop the pot very close that no air go in or out, & let it stand all the while in some warm place either in the Sun or by a continuall fire, then distill it in a glasse still and drink thereof every morning a good draught.

CHAP. CLXXIII.

A drink for a woman with child in danger to miscarry.

IF any woman great with child shall take this drink Lebery other day in the morning, three hours before she eat any meat, beginning the same about ten days or a fortnight before the time of the birth it shall not onely be made more easie, but also she shall bring forth her child without pain. Take of the great Treacle one scruple, which is the weight of twenty four barley corns, the powder of Liquorice, and the powder of Sinamon of either three grains, of good white wine one ounce and a half mixed altogether, and make thereof a drink, and let it be given to the woman with child, in such manner as is before sayed.

CHAP. CLXXV.

An excellent Drink to purge Melancholly and chol-
ler, to cleanse the blood and to comfort the

TAke of Sallaparilla four ounces, of Sena munda four ounces, of China roots two ounces, of Rubarb three drams, of Epithamum half an ounce, of Polipodium roots three ounces, ofadder roots one handfull of red Dock roots the pith taken out and sliced one handfull, of sweet Fennell roots and Anhis-seeds, of each half an ounce, of Sinamon, Pace and Putmegs, of each three drams of Scabius, and Egrimony, of each one handfull. Then take your Sallaparilla China, Rubarb, Polipodium, andadder, and scrape and slice them, and beat them into grosse powder, and powder the Fennell and Anhis-seeds, Putmegs, Pace, and Sinamon, And put the

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Epithamum, Dock-roots, Sena, Carlinony, and Sea-
bitons whole into a bag of course Baulter, or Linnwozk,
incompassing the powder in the hearbs, in putting them
into the bag. And put the bag into an empty barrell, and
after put six gallons of Beer to it, but let not the barrell
be full lest it wozk ober, and stop it close, and after it
hath stood seven dayes, drinke thereof every morning a
twine pint, and the like quantity about four of the clock
in the afternoon. But put the bag first empty into the
empty barrell, and after put in the ingredients there-
to.

CHAP. CLXXVI,

Doctor Deodars Scurbubical Drinke.

Take Cardus Benedictus, Roman-wormwood, C
Brooklime, Scurvey-grass, Water-creeses,
Water Trefoil, of each one handful: of Doder,
Cetrach, Scolopendria, Burrage, Bugalos, Sozrel,
Spædwel, of each one handful, of Elicompain roots one
ounce; to these hearbs clean picked and washed, put
thre ounces of Reason of the sun stoned, fifteen slices
of Lemons, and as many of Oranges. Boil all these in
as much white-wine as will well boil the hearbs, and
let it boil till it comes to a pint and a half.

A Scurbutical Sirrup to take with the former
Drinke.

Take juice of Scurvey grass, Watercreeses and
Brooklime, of each six ounces, of the juice of Oran-
ges and Lemons, of each four ounces. First clarify
the juices, then put to it a pound and three quarters of
Sugar, let it boil to a sirrup; then take two spoonfulls of
it in four spoonfulls of the Drinke at the houres of six
in the morning and four in the afternoon.

CHAP. CLXXVII.

A Diet-Drinke for any disease that is curable prescribed by three Dutch Doctors.

TAKE of Hermodactilis two ounces, of Salsaperilla four ounces, of Scene Alexandr. four ounces, Sassafras wood, two ounces, of Liguozice one ounce, of Anniseeds one ounce, of long Pepper half an ounce, of the leaves of Scabius one handfull, of Eggrimony half a handfull, of Water-crelles and Brook-lime, of each one great handfull, of Sea Scurvey-grasse, two great handfulls, of good Nutmegs one ounce, let all the woods be slit and cut small, and the hearbs chred and put into a bag and hang it in a barrell with six gallons of new ale, and let it stand and settle eight days, then drinke continually of it and no other drinke while it lasteth and eat bakers bread with Coriander-seeds, and keep a good diet; use this six weeks.

CHAP. CLXXVIII.

A Purging Ale.

TAKE of the succe of Scurvey-grasse four pound, of Water-crelles two pound, of Brooklime one pound, of Water mint half a pound, of the hearb of dry Wormwood four handfulls, of the roots of Padder four ounces, the roots of Pruncks Rhabarb three ounces, Roots of Horse-radish one ounce and a half, the roots of Sassafras one ounce, of Sena four ounces, Juniper-berries half an ounce, of Anniseeds, Carniseeds, and Ginger of each six drams.

Another

Another.

To a pint of the Soday of Goats-milk put of Sena half an ounce, of Ginger clean scraped and thin sliced, of Anni-seeds, and Sweet Fennel-seeds well dusted and lightly bruised, of each the weight of four pence, let them stand to an hour, or an hour and a half, on warm embers, in infusing; the next morning to a draught hereof put a Spoonfull of Sirup of Roses, and so this agreeth with you, take it two or three days together, or every other day.

CHAP. CLXXIX.

An excellent Diet-drink,

Take the roots of Honks Kubarb, and red Radder, of each half a pound. Sena four ounces, Anni-seed, and Liquorice of each two ounces, Scabius and Egrimony of each one handfull, slice the roots of the Kubarb, bruise the Anni-seed and Liquorice, break the herbs with your hand, and put them into a Stone pot called a Stean, with four gallons of strong ale to steep or infuse the space of three days, and then drink this liquor as your ordinary drink for three weeks together at the least. though the longer you take it the better: providing in a readinesse another Stean, so prepared, that you may have one under another, being always carefull to keep a good diet. It cureth the drop sicke the yellow Jaundies, all manner of itches, scabs, or breakings out of whole bodies, it purifieth the blood from all corruption, prevaileth against the green sickness very greatly, and all obstructions or stopping, it makes young maids to look fresh and fair, it helpeth the stoppage of their monthly sickness.

CHAP. CLXXX.

The making of a very precious water.

TAke a gallon of good gascoine wine, the roots of
Galingal, Putinegs, Grains, Cloves, Anni-seeds,
Fennell-seeds, Caraway-seeds, of each a dram, then
take Sage, Mint, red-Roses, garden Time, Pellitory,
Rosemary, Wild-time, Camomil, Penny-royal, Mar-
gerome, then beat the spices small, and beat the herbs
and put all into the Wine, and let it stand for twelve
hours stirring it divers times, then distill it in a limbeck
and keep the first water by it self for it is the best, then
keep the second water, for it is very good, but not so good
as the first.

The virtues of this Water.

It comforteth the spirits, or vitall parts; it healeth
any inward disease that cometh of cold: it is good against
the Shaking Palsie; and cureth the contraction of sinews;
and helpeth the conception of women that be barren; it
killeth worms in children or elder persons; it helpeth
the cold gout; it cureth the cold Droopie; it helpeth the
Stones in the bladder, and in the reins of the back
and whosoever useth this water now and then
and not too often, it preserveth him in good liking,
and shall make him look exceeding young and youth-
full.

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CHAP. CLXXXI.

A most excellent water for the Stomack, and for a Surfet.

TAKE of the best & purest Aqua-vitæ you can get, and put thereto three dozen of Keasons of the sun stoned, three figs sliced, two Dates quartered, and the white taken out; a quarter of an ounce of Cloves, a quarter of an ounce of Mace, and as much Sinamon; two ounces of Ginger sliced, two ounces of Annis-seeds, picked and rubbed, of Angelica-seeds two Drams, and of Cardus-seed two Drams, of Turnsole one ounce and of fine Sugar a quarter of an ounce: Steep all these in the Aqua-vitæ for the space of sixteen days. Shaking of it twice every day, then take an Hypocras bagg, and let it run through, and so put it up for your use, and put thereto an ounce of Annis-seed Comfits, and an ounce of Amber Comfits, an ounce of Manus-Christi, and one grain of Musk, and take foure spoonfulls thereof fasting, or at night when you go to bed.

CHAP. CLXXXII.

For heat and pricking in the eyes.

FILL an Egg-shell newly emptied with the juce of Beeregreen, and set it in hot embers, take off the green scum that riseth to the top, then it will be a water, strain it and keep it in a glasse, and put some of it into the hot eyes four or five times together, and it will ease the pricking and burning.

CHAP. CLXXXIII.

An excellent Water.

The water of Marigolds doth help all diseases of the eyes, and taketh away all pains of the eyes, and takes away all pains of the head, and the juice of Bay-leaves, dropped into the ears takes away deafness or other strange sounds.

CHAP. CLXXXIII.

To break the Stone.

Take Hawthorn flowers, or for lack of them Haws, and distill them, the flowers in May and the berries when they be ripe, take of this water three spoonfulls, with three spoonfulls of Palmsey, a quantity of Ginger, and drink it warm.

CHAP. CLXXXV.

A Water to be made when Couflips are in their prime.

Take six handfulls of Couflip-flowers, one handfull of Rosemary-flowers, half a pound of Reasens of the sun stoned, half a pound of Liqueyice bruised, a quarter of a pound of Aniseeds grossely beaten, put all these into three gallons of good ale or lees of Wine over night, the next morning distil them in a limbeck, and when you have a quart of water keep it by it self, two or three spoonfulls of this water is good for an ill stomach that is weak of digestion, and for the spleen and other infirmities of the stomach.

CHAP. CLXXXVI.

To make Barley-water for a Fever, or an Agues

TAke a little handfull of Barley, and steep it in a pozrenger of fair running water, the space of two or three hours, then pour away the water from the Barley, and take a pottle of the like water, and boil the Barley in it; then take it from the fire, and put the water from the Barley, then put the Barley in three pints of fresh water, with a Parsley root, and a Fennel root the pith taken out; then being boyled to a pint, strain it, and use it thus. Take three or four spoonfulls thereof, mixed with two spoonfulls of sirrup of Vinegar, and use to drink thereof every five hours upon your good day, and keep your body soluble with a suppository once a day, if nature do not this office. Drink also of it in your sick days, also the day after your fit at six of the clock in the morning. Take half an ounce of Liquorice, and a good handfull of Annis-seeds grossely bzuised and boiled with a wine pint of the broth of a Chicken, let it lie so till it come to a full good draught then strain it hard out, and make it sweet, and so bloud warm let him drink it up at one draught, and neither eat, sleep, nor sweat five or six hours after, and so the Fever will away.

CHAP. CLXXXVII.

A most excellent Water for the Stone.

In the moneth of May, when Oren go to grasse, take of their Dung, neither too new nor too dry, then distill it fair and softly into some vessel or glasse, of which you shall have a water without any ill savour, which will take

take out any spot or blemish in the face, if you wash there with dayly. Keep the same Water in a vial or glasse close stopped, then take three or four Radish-roots, cut them in pieces, and fill the vial with good Muscadell, they being put into it: let it stand so in the sun one day and a night, then take one part of the Wine, two parts of the Water of the Dung, a pint of Strawberry-water, three or four drops of the iuyce of Lemons or Citrons, and let there be of these waters distilled, and proportioned together, half a glasse full, or somewhat more, into the which you shall put a piece of Sugar, or a little Honey, and so give it the Patient to drink, and you shall see a wonderfull effect, and present remedy.

Probaturum est.

CHAP. CLXXXVIII.

This Water is very pretious for frantick and mad-men, very often proved.

TAke of the flowers of Rosemary, of Burrage, and of the roots of Buglosse, of each half a pound, of Saffron two drams, of Quinces four ounces, of the best White-wine two pints, mix them altogether, and let them stand so for the space of a natural day after that bury the glasse wherein all the same is, in Horse dung for fifteene dayes, and then take it out, and distil a water thereof according to Art. two or three times over: keep this Water as the apple of your eye, for it is very precious, and well proved in all melancholy sicknesses very effectually, and the pain and trembling of the heart: The quantity to be given at one time, is a dram, which is the weight of seventy two Marley-coins, if you will prove it, you will praise it. And this is the new Jewel of Health, with many more excellent things.

CHAP. CLXXXIX.

An excellent approved water for the Stone.

Take a gallon of new milk from a red Cow, and put thereto one handfull of Pelitory of the Wall, one handfull of wild Time, one handfull of Sassafrage, one handfull of Parsley, and two oz three Radish roots sliced. Keep all these in the milk one night, the next morning distill the milk with the herbs, with a moderate fire, the best time to distill this water is in the end of May or beginning of June, use it in this manner, take of the water eight spoonfulls, and of Rhenish or White wine five or six spoonfulls a little Sugar, Putmeg sliced, make it luke warm, and drink it fasting, and fast three hours after it using temperate exercise; take this two mornings and two nights together to bedward, every fourteen dayes at the full of the Moon, and at the decrease, or as often as need requireth.

CHAP. CXC.

A Water for the falling sicknesse.

Take the water of garden Lillies, and give a child to drink a spoonfull thereof at the appearing of the sicknesse, and when it is therewith visited, but to an older person three or four spoonfulls.

Probatum est.

CHAP. CXCI.

An excellent water good for the Stomack
and head.

TAke a pottle of white Wine, a handfull of Balm,
a handfull of Bittony, a handfull of Coulis-flow-
ers, and a handfull of Rosemary flowers clean picked,
put all these into an earthen vessell with the wine close
covered. let it stand six days, stir it twice every day, so
done put them into a still. with two ounces of the best
Mitre, half an ounce of Cinamon, half an ounce of
Cloves both bruised, paste your Still close, and so let it
work with a soft fire, and not open it till you find it all
spent, and when you spend it, put into every pint four
ounces of white sugar Candy, and keep the first still
ling longest, because it will be stronger then the
latter.

CHAP. CXCI.

A Water to cure the
Tooth-ach.

TAke of Claret-Wine one pint, Cloves one
spoonfull, of Rosemary Bittony, and Bram-
ble-leaves, of each half a handfull, bott all these
over a soft fire, untill half be consumed. Then reserve
it for your use in pots close covered.

CHAP. CXCIH.

To make a Water cordially good against any infectious disease, as the small Pox, Measels, or Pestilent burning Fevers, and to divert any offensive or venomous matter from the stomach, or to be used after a surfeit or in passions of the Mother, or for children in Fits of Convulsions, and is generally good to comfort and strengthen nature in all cold diseases.

Take of Sage, Celendine, Rosemary, Rue, Rosa solas, Mozimwood, Bugwort, Pimpernell, Dragons, Scabius, Egrimony, Balm, Bittony-flowers, and leaves, Centary-tops and flowers, Marigolds tops and leaves of each of these a good handfull: then take your roots of Tormentil, Angelica, Elecampane, Piony, Ligozice: all clean scraped, of each of these half an ounce, let all the hearbs be washed, and taken in a linnen cloath untill they be well dyed, then shred all together, and let your roots be sliced thin and mixed with the hearbs, then put them all into a gallant pot of white-wine, and let them all steep together in a large gally pot, or earthen pot that is well leaded, and so let them remain close covered two dayes and two nights, stirring them once in a day, then distill all together in an ordinary Rose-Still, and not in a Limbeck with a soft fire, receiving a pot or a pint of the first water by it self for your strongest, also a quart of the second running water by it self, and of your last a weaker sort by it self, in several glasses close stopped with corks fast tied with leather. The strongest water when one is infected is to be taken by a spoonfull at a time every morning fasting, if they cast it up they must take it again.

CHAP. CXCIII.

An excellent water for any Sore either old or new.

Take a quart of pure running water, a pint of white wine, three or four spoonfulls of Lavender seeds, two spoonfulls of live honey, a little peece of of Roch Allen, boill them together, till the one half be consumed, then wash the soze therewith.

CHAP. CXCV.

A precious water against the Plague, Pestillence, and Poison.

Take the distilled water of Diptanum, Pimpernel, Toxmentil and Scabius, of each a like quantity, and mix them together and drink thereof. Philosophers doe report that it were impossible for any man to dye of poison or pestillence, if he use often to drink these waters next his heart. It is called water Imperial and all great States among the Saracins use to drink thereof.

CHAP. CXCVI.

A precious Water.

Take Salingal, Cloves, Nutmegs, Ginger, Pellilot, Cardemoms, Mace, Putmegs, of each an ounce, and mingle all the foresaid with the same juyce, and a pint of Aqua vitæ, and three pints of white Wine put all these together into a Stillatoze of glasse, and let it stand so all night, and on the morrow distill it, this water is of secret nature, and helpeth the lungs without any grievance, and mightily healeth and comforteth the if wounded and perished, it suffereth not the blood to putrifie

It

but

but multiplieth it in great quantity, yea, he that useth it shall not often need to be let blood, it is good against heat-burning, and resisteth Melancholy and Flegm to puffe up or have domination above nature, it expelleth Rheum mightily, and profiteth the Stomack marvellously it conserbeth youth in the fresh estate, and maketh a good colour, it keeps and preserves the Oryphage and memory, and destroys the palse of the lims and of the tongue, and keeps one from palsees, further, if a spoonfull of this water be giben to man or woman labouring towards death it wil releebe them. Finally of all Artificial Waters there is none better. In Summer once a week use the quantity of a spoonfull fasting, and in winter the quantity of two spoonfuls.

CHAP. CXCVII.

A Water to drink with Wine to cool
choller,

TAKE Burrage-roots, and Succory-roots, two of each sort, wash them and scrape them clean and take out the pith, then take a fair earthen pot of two gallons, and distil it with fair Spring-water, and set it on a fire, with Charcoal, and put the roots thereto, and eight pennyworth of Cinamon, and when it beginneth to seeth put in four ounces of Sugar, and let it seeth half an hour, and so take it off and let it cool and afterwards drink it with wine or without at your pleasure.

CHAP. CXCVIII.

An excellent Water for the weaknesse of the back
and pricking of the Urine.

TAKE a pottle of Bulinsley, a handfull of Bettony
five Parsley-roots, five Fennell-roots, clean scraped,
and

and the pith taken out, a nutmeg minced, seeth all these together unto a quart, and clarifie it, and put thereto an ounce of white Sugar Candy, drink this water evening and morning, as hot as you can suffer it.

CHAP. CXCIX.

The making of the Fishalls water. **T**AKE Bolearmonack four ounces, Camphire one ounce, white Copozas four ounces, boil your Copozas and Camphire in a little black earthen pot, untill they become thin, stirring them together untill they become hard in seething, then beat them in a Stone Mortar to powder, and beat your Bolearmonack by it self to powder, and then mingle them together, and keep your powder in a bladder, till you need to use them, then take a pottle of running water and set it on the fire, till it begin to seeth, then take it off from the fire, and put in three good spoonfulls of the powder into the sodden water whilst it is hot, and after put therewith the powder into a glasse stirring the water twice a day for a fortnight, which will make the water stronger, but before you use it let it be well settled, and apply it as hot as the party can well indure it and lay a clean linnen cloath four double to the soze wet in the same water, and bind it fast with a rowler, to keep it warm, do this morning and evening till it be whole, this water must be put in an Desser-shell, and not in a saucer, when you dress the soze, otherways the saucer will soak it up: remember to take three great spoonfulls, when you put them in the water: take heed you let none drink this water, put it not into any vessell you use after, if you please to make the water stronger, take an ounce of Allome well beaten to powder, and mingle it well with the other powders before you put them to the water, this water cures all old sozes, principally Fistulaes, Tethers, Boils, Canckers

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Cankers in the mouth, scabs, or scalls in the head, green wounds or any thing else in this kind.

II. CHAP. CCC. cccc.

To draw a Quintessence of mans blood,

TAKE the blood of a young sanguine man and chol-
lerick man at the Barbers shops as thou mayest
have it, and namely of such men as use good wines, then
put away the water after it hath stood, and passe and
bake it with ten parts of Common salt, prepared to the
use and medicine of man, then put it in a glasse vessel,
and put it in horse dung til it be rotted and putrified all
the blood into water, and that may be within ten days,
sometimes more, and sometimes lesse. Then put it in
a limbeck and distill it by a good fire, and take thereof
the water as much as thou may, and grind the dregs
that it leaveth on a marble stone, and put all the water
thereto and grind it again together, and then distill it,
and so continue grinding and distilling as before many
times untill thou have a noble water of blood, of
the which Quintessence may be drawn thus. Take
the same water and put it in the Stillatory of circu-
lation, and let it ascend and descend till it be brought
to the great sweetnesse, and marvellous odour, and smell-
ing as Aqua vita, as is taught in the book of Quinta-
essence, and this is a marvellous and miraculous Quinta-
essence, as thou shalt well know and find by making
use thereof: *as is taught in the book of Quintessence*
Chapter 201.

CHAP. CCI.

To draw a Quintaessence from all
Fruits, Leaves, Roots, and
Herbs.

GKind all Fruits, Leaves, Roots, and Herbs,
with the tenth part of prepared salt, then purifie
it and distill it circumspectly, till it have the odour as
is before said.

CHAP. CCII.

To draw a Quintaessence of every of the four E-
lements by it self.

TAke thin grounds with ten parts of prepared Salt,
and put it to putrifie, and thereof draw a Water
as is before rehearsed by bloud and other things, take
that Water and distill it in Balneo till there arise no
more water, and then hast thou one pure Element in
the glasse. Then put the said water thus drawn, up-
on the effects in the glasse in Balneo, somewhat warm
that the effects and the Water may mingle well to-
gether: during eight or ten dayes: the glasse well stop-
ped that no air may go out. And then take it up and
shake it well together, and put it in a Furnace with
ashes, and make a good fire under it, and thou shalt di-
still a Water in form of oyl, red as Gold, then hast thou
two Elements Water and Fire, and to seperate Wa-
ter and Fire, distill that red Water in Balneo, and the
Element of Water will arise, and the Fire will
remain in the very bottome of the Stillatory, a red
Oyl.

Then to part fire from earth take seven parts of the
Element of Water, and put it upon one part of the ef-

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fects, as you did before by the space of eight or ten days, and do as thou diddest in separating the two first Elements. But thou must make a stronger fire, and there shall ascend a red water, which is the Element of the fire and water together, separate them in balneo as you did before, and in the Stillatoze shall remain the Element of fire. And the Element of earth, is that black Water that thou leavest when the fire is drawn by virtue of the Element of water, as all others are before. Thus hast thou every Element by himself, now mayest thou bring every of these Elements by himself into an element by the vessel of circulation, or else distill every of them seven times. But the black water must first be vapoured, and in a furnace of Reverberation during twenty four or thirty dayes according to Art. The use and effects of this Quintessence is sufficiently declared in the foregoing Chapters of this book.

CHAP. CCIII.
Here I shall shew you how to draw a Quintessence of all minerals, by example of Gold.

Bring the Sol into a Calc in this manner: reach the Sol with quick-silver, and then vapour away the quick-silver, and in the vapouring away stir it all the while with a stick, and the Sol will be a subtil powder, the which calc put in a glasse and put thereto wine vinegar, distilled, or old Urine distilled three fingers breadth above the calc of Sol, and let it in the hot Sun and thou shalt see a froth of Sol gathered like unto a scum, upō the vinegar: gather that off with a feather, and have by thee another vessel of glasse with fair water, and wash the froth from off the feather in that water, and then gather more: and thus do as long as any scum will arise upon the vinegar. Then vapour away the water with fire, and there will remain the Del of Sol, which is called

The Vertues of Herbs and Plants, &c. 127

called *Oleum in combustibile*, which is the very Quintessence of Gold. And if thou use this Quintessence according to Art, it shall restore Nature, and bring again Youth, and preserve mans life unto the day that God hath prefixed for him, which day shall no man passe. Also Quintessence of Gold hath great sweetnesse and vertue to assuage aches, and maladies of wounds, and to heal wounds and botches, and many other infirmities.

I have already given you many secrets and rare experiments concerning Chyrurgery, Physick, and Chymistry. There remaineth some other things most worthy of observation, and as necessary to be understood, as any thing which hath hitherto been communicated. I have proceeded to Plaisters, Distillations, Extractions, Quintessences, Purges, Incisions, Minerals, and other things very admirable, the effects whereof have been sufficiently approved. Yet there remaineth some other things concerning the vertues and effects of Plants, Herbs, and Gums, without the knowledge whereof, no Artist can effectually undertake any cure; therefore I shall proceed to that which followeth.

CHAP. CCIII.

The Vertues of Sage.

Sage is hot and dry in the third degree: It is singular good for the head and brain it quickeneth the senses and memory, strengtheneth the sinews, restoreth health to those that have a palse that cometh of moisture, it taketh away shaking or trembling of the members. The succ of Sage taken with honey, is good for those that spee bloud, it expelleth wind, dryeth the dropsie, and purgeth the bloud. The leaves of Sage boyled with Cloviline, Plantain, Rosemary, Honey, Allome,
and

and a little white Wine maketh an excellent water for a Canker, Sozemoath, &c. Sage maketh an excellent and very wholsome Ale; if you adds thereto Wittony, Grimony, Scabius, a little Spike and Fennel.

The distilled water of Sage, of Coullips, and of Primrose are good against the Palsie being drank and to wash and bath therewith.

A conserve made of the flowers of Sage, and Coullip-flowers, is exceeding good against Palsies, Convulsions, Cramps, &c.

The vertues of Clary.

The seeds of Clary made into fine powder and mixed with Honey taketh away the dimness of the eyes, and clearereth the sight and taken inwardly is very good for the back also the herb infused in warm water and applied plaister-wise dissolveth all kind of swellings especially in the joynts. But it is the more effectual if you ad thereto Malloes and Smallage.

The vertues of Pellitory of Spain.

This heab is good against the Degrim, the Vertigo, or the giddiness of the head, the Apoplexie, the falling sicknes, the Palsie, and is singular good for all cold infirmities of the head and sinewes.

The vertues of Tobacco.

Tobacco is of singular use both in Physick & Chirurgery. Oil of Tobacco is good to anoynt the Stomack and for many other griefs of the body, it healeth all manner of wounds and sores, if you make a salbe thereof thus Take oile of Roses, oile of St Johns wort, of each one pint, the leaves of Tobacco beaten small in a Stone mortar, two pound: boile then together to the consumption of

of the iulce, Strain it and put it to the fire againe, adding thereto of venis Turpentine two ounces, of Oblibanum and Mastick of each half an ounce in fine powder, & put thereto so much war and Rosin as will make it into a Salbe. Tobacco is also the best medicin that is for deafnes if you use it in this manner. Take a quart of running water, and put it into a new pipkin, and put thereto 3. ounces of Varinus Tobacco opened into the leaf, and boile it to a pint, then strain it hard, and keep it a glass vial for your use. When you go to bed warme, then soake therein a little black wolle and put it into both your ears, do thus every morning and evening as you find occasion. This cured a Lady that was deaf sixteen years.

[Of the use and virtue of Ebulus or Dane-wort.

Take the buds of this vegetable, when they are young and green, perboile them in water, and make thereof a Callad, and give unto those that have collicke bodies and it will provoke them the stool. It is an herb very profitable for the sinewes, it comforteth the weak parts and preferbeth such as are weak in the joynts from many accidents: it purgeth phlegm which (for the most part) causeth debility of the nerves. Whosoever useth to drinke of a sirrup, made of the berries thereof, shall not be troubled with the Gout nor any disease, in the articular parts. The seed dried is profitable against all infirmities caused of humidity.

The use and vertue of black Ellebore.

The root of black Elleboze being dried and kept two years may be safely used without other preparation and may be ministred against any infirmity, that hath his originall of a melancholy cause. Therefore it is most appropriate against the feaver, quartaine, & lunatick persons vered wth melancholy.

§

The

The use and vertues of the hearb called *Gratia Dei*, a kind of *Geranium*, in English blew Storks-bill,

Take of *Gratia Dei*, dried in the shadow and beaten in to fine powder one ounce, Cinamon 1 dram, Cloves one scruple, Wheat-flower one pound, Oeniges, con-dite one ounce, make thereof a paste with honey, and bake it in the Oven with bread: but take great heed that it burn not. Of this you shall give one ounce to purge against many infirmities: but above the rest against Scrophulæ, against scabs, and the white scall. For it evacuateth onely the superfluous humidity of the body, it drieth, and is appropriate for such kind of infirmities. Howbeit you must note that all soluble medicines are not fit, for one disease or complexion: for chiefly and properly Rubarb purgeth choller, black Eleaze avoideth melancholy, Danewort disposseth the body of phlegm, and this herb cleanseth the blood. Therefore every one hath his peculiar propertie: though sometime either of them may work upon more causes than one, yet not so properly or simply, but by accident, and in regard of circumstances.

Two drams of the powder of this hearb, drunk in wine or broth, provoketh vomite and siege, and is very good for such as are lunatick. It helpeth or at the least delayeth the extremity of the seaver: it is good against griefs in the stomach and wind in the belly.

A decoction thereof made with lie, helpeth putrified ulcers if they be washed therewith; for as it purgeth the stomach, so it cleanseth the soze, and healeth it quickly, if you wet a cloath in the said lie and apply it thereunto.

The vittues of Rubarb.

The hearb called in \S Italian togue, *Lappacia maggiore*, or *Ronbice domestice*, is a kind of Rubarb, which among

among the learned Herbarists, is termed by the name *Rhæ recentiorum*: whereof one dram when it is new, will lose the body, evacuate choller, as the *Rhabarbarum* doth. It is very good against the oppilations: it purgeth the blood, and taketh away scabs.

You shall have a most precious medicine thereof: if you mix the green root with Honey, Cinamon, Saffron, Ginger, and the powder of Roses.

If you roast the root in the embers, and mix it with condicted Sugar it breaketh the *Scrophulæ*, and murthereth them, and healeth them in short time. Some do mix it with the gum called *Ammoniacum*, and so do bring it into the form of an unguent, and apply it unto the parts affected with the *Scrophulæ*.

The virtues of *Tithymale*.

Gather the hearb *Tithymale* (called *Spurge*) in the moneth of May: take forth the succce and mix it with Sugar-roses or Sugar-violet in fine powder: the make of the both a moist past: keep it in a glasse close stopped.

When you purpose to use it, minister two scruples thereof in broth or any other convenient sirrup. It purgeth without pain, helpeth all feavers that come of heat: working not only by stool but provoking of sweat also.

It resolveth all continual and quotidian fevers, when the parties affected therewith be hot, and their sweat cold, yea though they be brought very low, it wil by Gods help deliver them of their troublesome adversary.

Laureola doth also move the body, by vomit and siege, but it may not be used in any continuall feaver or quotidian; because it will inflame too much.

The virtues of *Soldanella*.

This herb groweth in Sandy and salt ground, and is hot and dry. It purgeth vomits and siege, and is excellent

cellent against the droppe, all windinesse and untwhol-
some moisture in the body. Being taken in lozings,
with Aromatico, the quantity of one dram, it sendeth
forth all the noisome waterinesse, out of the body, drying
and heating those parts in an excellent manner.

The virtues of Cyperus.

The herb Cyperus called in English Gallinal, being
put into new wine, giveth it an excellent good taste
& smell, prebailing against inward passions caused of wind.
It is good for such as are bursten, for it resolbeth the
wind, if you take the powder thereof being stamped ve-
ry small and make a plaister thereof with other things
appropriate thereunto, applying the same to the rupture,
and changing it once every day. Also if the patient be
once a day eat of the root, he shall in short space be help-
en of that disease.

The virtues of Elder.

Take the roots of Elder, wash them clean, and scrape
them till you come to the wood, stamp that substance,
and take the juice and strain it, beil it, and scum it wel;
and for every ounce of the juice, take one ounce of Mel
rosarum, and drink it for it will cool the stomack, help
hot feavers quickly, and purge the blood.

The virtues of sweet Margerome.

Take sweet Margerome, and stamp it, and take of the
juice one ounce, oyl of bitter almonds one dram, and
one scruple of Mastich, and snuffe it up at the nose, thre
or four mornings together: and ansint the head with oyl
of eggs. This purgeth the head of all pains, dissolbeth tu-
mors, quickeneth the sight and provoketh sleep.

The use and vertues of Persicaria.

You shall understand, that this herb, doth work (in a manner) against all infirmities, most strangely to behold. For if you take the powder thereof, and put it upon Copper molten, it will in the profection become like gold, and will draw it to a small quantity, and make it malleable, and soft like gold, except the colour.

Also if you make a strong lie of the ashes of Persicaria and therein boil yellow brimstone, it will draw out of it quick-silver, which is the Philosophers Mercury. This herb doth also most notably preserve a man from many infirmities, if one part thereof be taken whiles it is dry and one other part of Specia venetiane; being both of them well incorporate together, and used in your meats.

Of man and the Medicines that are made of him.

Man is a rational or reasonable creature, whereof we have written at large in our book called Phisica del Fioravante. But here we will onely write of certain medicines, that may be made or derived from him: which are for the ease, help and remedy of divers infirmities which are in men and women. The reason whereof is very good, for every like resisteth with, and helpeth his like, and therefore man serveth for man. The fat of a man is (as every man knoweth) hot and penetrative, and mollifying if you anaint the parts therewith, (where the sinews be hard) and drawn together, or contracted, therefore it will quickly resolve them. I have made the Quin-tessence of mans blood, rectified and circulated, with the which I have done most wonderfull cures, for if you give thereof one dram it will restore those that lie at the point of death.

It is most profitable, against the infirmities that are in

the blood; for it correcteth the malignity of the blood, and preserveth it as well as the spirit of wine. If you put a little of it into an hogs head of Wine it will purifie it, and preserve it along time more then any other thing whatsoever. So that this Quintessence worketh more effects, for the cure of great and dangerous infirmities then any other.

Also from the liver of a man will be drawn by distillation a water and an oyl. If the water be drunk every morning together, by the space of a moneth, in the quantity of one dram, with two ounces of Liver-wort, it will recover such as are half rotten through diseases of the liver, and hath divers other properties, whereof I will not speak at this time.

From the flesh of man distilled, there will come forth a stinking water and an oyl, which is most excellent to anoint wounds withall. When they are badly healed, and that there remain any hurt in these parts, that they are not so sensible & pliant, (as they were wont to be before) this dissolveth them. And it mollifieth and softeneth all hardnesse of tumor, of what originall soever it shall come.

From the forepart of a mans scull there is drawn by distillation, a water, an oyl, and a salt, which is most profitably used against the falling-sickness.

Of Bees and their medicinal use.

BEES are of nature hot & moist, having a generative property. For if they be given to any barren creature, they shall conceive in short time after.

Also if you lay dead Bees in a dry place to putrifie, wetting them sometime w wine, they will revive again though not as they were before, but they will be much bigger and of another form.

These Bees if you bring into powder with as much Cantarides; boil them a little with oyl of Camomil and
anoint

anoint any part where the hair is fallen away; and it shall quickly come again and in a short space; a most strange thing to behold.

The use of Frogs.

The skins of Frogs being boiled and made into the form of a plaister with wax and frankincense, is very profitable for such as have any malignant or treuble, some accident about their legs through heat.

The fat of Frogs is a wonderfull medicine against Fuego sacro, or St. Anthonies fire, a disease happening unto children and others through the great heat that is in their blood.

The use and vertues of the refine or gum called Tacca Mahacca.

Take thereof as much as you will, distil it in a retort of glasse, and from it there will come both oyl and water. Of which I have seen divers medicines made against sundry diseases. Anoint the belly with this oyl cold, when you go to bed: and it helpeth against the crudity of the Matrix.

If the genital part of the man be anointed therewith before the act of generation, the woman shall be the more fit for conception: for by this means some kind of sterility is taken away.

It helpeth and easeth pain in the head, proceeding of a cold stomack.

It helpeth digestion and resolbeth pain throughout the body, in what part soever they shall come, especially, when they have their beginning of cold.

The water hereof dissolbeth wind in the stomack helpeth digestion, provoketh urine, mitigateth all feavers that come of cold,

The

The virtues of the gum Caranna, and the medicinall properties of it.

TAke it and distill it in a retort with the yolks and whites of eggs, and there will come forth oyl and water, the oyl whereof will be black, and the water red.

The water of Carrana helpeth Chilblains, and all choppes or clifts in the lipps arising of cold in the winter.

It is a great ease for the sore breasts of women, that give suck.

The oyl worketh wonderfull effects, in wounds of the head, arm or legs,

Anoint a simple wound therewith once or twice: and it will very pædily be healed.

Take a quantity of this gum, and mix it with as much of the seed of Water-cresses, and the white of an egge, and make thereof a cerot to apply unto a rupture: where, with it wil in short time be healed, all other circumstances being also obserbed.

Of liquid Amber and the medicinall vertues thereof.

TAke liquid Amber and distill it in a retort: and from thence there will come a red oyl,

This oyl is used against all indispositions of cold, and moisture or wind.

The same healeth scabs, and is good for wounds.

If you anoint the stomach therewith, it will exceedingly comfort the same: for it is a thing uncorruptible, and like unto Balsamum.

The

The vertues of Oak-Apples.

The Oak-apples are good against all fluxes of blood and lasks, in what manner soever it be taken, but the best way is to boile them in red wine, and so prepared it is good against the excessive moisture and swellings of the Jaws, and almonds or kernels in the throat.

The decoction of Oak-apples stays womens sickness, and causeth the mother that is fallen down, to return again to his naturall place, if they do sit over the said decoction being very hot.

The same steeped in strong white wine vinegar, with a little powder of brimstone, and the roots of Frocus mingled together, and set in the sun by the space of a moneth, maketh the hair black, consumeth proud and superfluous flesh, it taketh away any sun-burning, freckles, spots, the morpheus, and all deformities of the face being washed therewith.

The vertues of Crabs.

The succe of Crabs taketh away the heat of burning or scalding and all inflammation, and being laid on in short time after it is scalded, it keepeth it from blisstring.

The succe or ver succe is astringent or binding, and hath withal an absterſive quality, being mixed with hard yeast of Ale or Beer, and applied in manner of a cold oyntment, that is spread upon a cloath first wet in ver succe and wrung out, and then laid to: taketh away the heat of St. Anthonies fire, all inflammations whatsoever, it healeth scabbed legs, burning and scalding whatsoever it be.

The virtues of Adders-tongue.

The leaues of Adders-tongue, stamped in a Stone mortar, and boyled in oyl of Olive unto the consumption of the succe, untill the herbs be dry and parched, then strained, will yield a most excellent green oyl: or rather a Balsome for green wounds, comparable unto oyl of St. Johns Wort, if not far surpassing it by many degrees, whose beauty is such that very many Artists have thought the same to have been mixed with Herodgrease.

To make Salt of any Plant or Herb.

Take a good quantity of what Plant you please that is full of succe, beat it in a Stone mortar, and put running-water thereto, then boil it to the consumption of the one half, strain it very hard, and boil this decoction to the thicknesse of a sirrup, and set it in a glasse eight days, and on the top you will find a kind of Salt like Sal Gem, take that and wash it in the water of the herb whereof it was made and dry it. In this manner you may make Salt of Wormwood, Balm, &c.

The vertues of Sow-bread.

The root maketh the skin fair and clear, and cureth all scabs and scurfs, and the falling of the hair, and taketh away the marks and spots that remain after the small pocks and meazels, and all other blemishes of the face, the root hanged upon women in trabel causeth them to be delivered incontinently.

The virtues of Saxifrage.

The root of Saxifrage drunk with Wine and Vinegar cureth the Pestilence, holden in the mouth preferbeth a man from the said disease, and purifieth the corrupt air, the same being chewed in the mouth maketh one to avoid much phlegm, draweth from the brain all grosse and clammy superfluities, allwageth Tooth-ach, and bringeth speech again to them that are taken with the Apoplexie, the succ of the leaves doth take and cleanse away all spots, and freckles, and beautifieth the face, and leaveth a good colour, it is of excellent use against the Stone.

The vertue of Maiden hair.

Maiden-hair being green, and stamped and layed upon a place that wanteth hair causeth it to grow.

The vertue of the Ash-tree.

The Ash-tree for such as are too fat or grosse men use to take daily three or four ashen-leaves to drink in wine to the intent to make them lean.

The vertues of Violets.

Violets stamped and lated to the head alone, or mingled with oyl; remiobeth the extream heat allwageth head-ach, proboketh sleep and moisteneth the brain; it is good therefore against the drynesse of the head, against melancholy and dullnesse or heavinesse of spirit.

The vertues of Hyfop.

Hysop sod in vinegar, and holden in the mouth as it wageth tooth-ach, the decation thereof doth scatter congealed and clotted bloud, and all black marks that come of stripes or beating, and also cureth the itch, scratch, and foul manginess if it be washed therewith, all. Willow-flowers, or Mall-flowers, the succe thereof dropped into the eye, doth wast and scatter all dimnesse in the same.

The vertues of Oak-leaves.

Oak-leaves stamped very small do heal and close up green wounds, and doth stop the bloud being layed thereupon.

The vertues of Hoar-hound.

Hoar-hound boiled in water cleanseth the breast and lungs, helpeth the pain in the side, is good against the Tylick, and the ulceration of the lungs.

Of the Barbil and to what use she serveth in medicine.

In the moneth of May the Barbil hath eggs, which are of a soluble quality, and of some those eggs be eaten; they shall be provoked to vomite.

They have a quality contrary to other purgers, they must be dried in the sun mixed with a little Sena, and then ministred in wine or water that is sodden. When it hath wel wrought, the patients must eat good meat to nourish them, and may drink wine, and when they are disposed the reto, suffer them to sleep.

Of Centumpeedes called in English Sows.

If you minister the powder of these creatures in wine, it hath many excellent properties, but chiefly it hath been experienced greatly to prebail against the stitch in the side for it will help that grief presently.

If you burn the little crackling creature called a cricket, and minister the power thereof in some Diuretick liquor, it provoketh urine.

Mallows, Alkakengi, Centum nodi, Centum grava, and the roots of Kapes: are of like property, being handled and used according to art.

There are oftentimes found in standing pools, and putrified waters, certain small creatures which are round like a cherry, having a tail and two feet, which are in Lombardy called Comazzi. Take these, and distill thereof a water or liquor, wherewith you may very soon consume or break iron: a very great secret observed in nature.

How to make a Plaster for the
Rheum.

Take of Bees-Suet, Virgin-Wax, Rosen, perle-sen, a quarter of a pound of each, Obliganum, Benjamin Mastick, take of each a quarter of an ounce, two drams of Camphire, beat these small, take three pennyworth of Turpentine, boil all these together in a pint of white-Wine except the Turpentine, which must be put in after it is taken off the fire, and stir it till it be cold; then temper it in your hands, and so role it up in roles, and keep it close from fire.

The natures and temperatures of Herbs in generall.

These herbs be of their own nature hot and very cordiall and comfortable for the heart, and good against melancholy, viz.

Angelica.

Balm.

The flowers of Rosemary.

Cardus Benedictus.

Roman Wormwood.

Sargerom.

Pints.

Winter Sabor.

These herbs be in like manner hot, but of a contrary quality that is, they tend to the comforting of the stomach and to help digestion.

Common Wormwood.

Labender.

Camomill.

Basell.

These herbs be in like manner hot but tend to the opening of the lungs.

Asop.

Elecampane roots,

Fennel.

Hoarhound.

These herbs be in like manner hot, but tender to the comforting of the brain, and drying up of Rheum.

Bittony.

Penneyrtall.

Germander.

Time.

Sage.

Costmary.

Valerian.

These herbs be also hot and they be good for the obstructions of the liver, and spleen and good against the Gout.

Camapitus.

Saxifrage.

Parsley.

Hugwort.

Motherwort.

Wother of Time.

Fennel.

Sallandine.

These

They are to beuiled in broth or to be distilled.

These be also hot, and tend
to the expelling of wind.

Alexanders.

Smallage.

Rue.

Mandline.

Fetherfew.

Saint Johns Wort.

Ladies Mantel.

Labender Cotten.

These roots be also hot
and comfortable, and likewise
good to strengthen nature.

Sateions.

Dienges.

Parfnep.

These herbs of their own
nature be hot, and of a mean
temperature good to cause so-
lublensse.

Mercury.

Beets.

Violet-leaves.

Hallows.

Will.

Holly-hock.

Dandelion.

These herbs be of mean

temperature as the rest but
good for to strengthen the
back.

Comfery.

Knott-grasse.

Shepheards-pouch.

Plantain.

Arch-angel.

These be of a mean tempe-
rature and good against the
Stone.

Sarafrage.

Pellitory on the wall.

Water-creffes.

Cammoock-roots.

Wake Robin.

These are of a mean tem-
perature, good against all ob-
structions of the liver.

Centory.

Hops.

Cowslips.

Mugwort.

Harts-tongue.

Scabius.

Abens.

Dobez.

Dandelion.

Liberwort.

Spoon.

They are to be used in broth or to be distilled.

Spoon-moxt.

These be as the rest good
to cleanse the throat.

Wood-bines.

Collombines.

Sinkfoyl.

These be of the same na-
ture but tendeth to the open-
ing of the lungs.

Colts-foot.

Set rack.

Paiden-hair.

These be of a cold proper-
ty and tendeth altogether to
the cooling of the bloud, and
quallifying of the heat of the
stomack.

Garden-soxrell.

Wood-soxrel.

Endiffe.

Succory.

These be in like manner
cold of their own nature, and
to be used inwardly, they
provoke rest.

Lettice.

Pursey.

Field Poppy.

These are as the rest but ra-
ther colder, and are to be ap-
plied outwardly and not in-
wardly.

Night-Made.

Ben-bane.

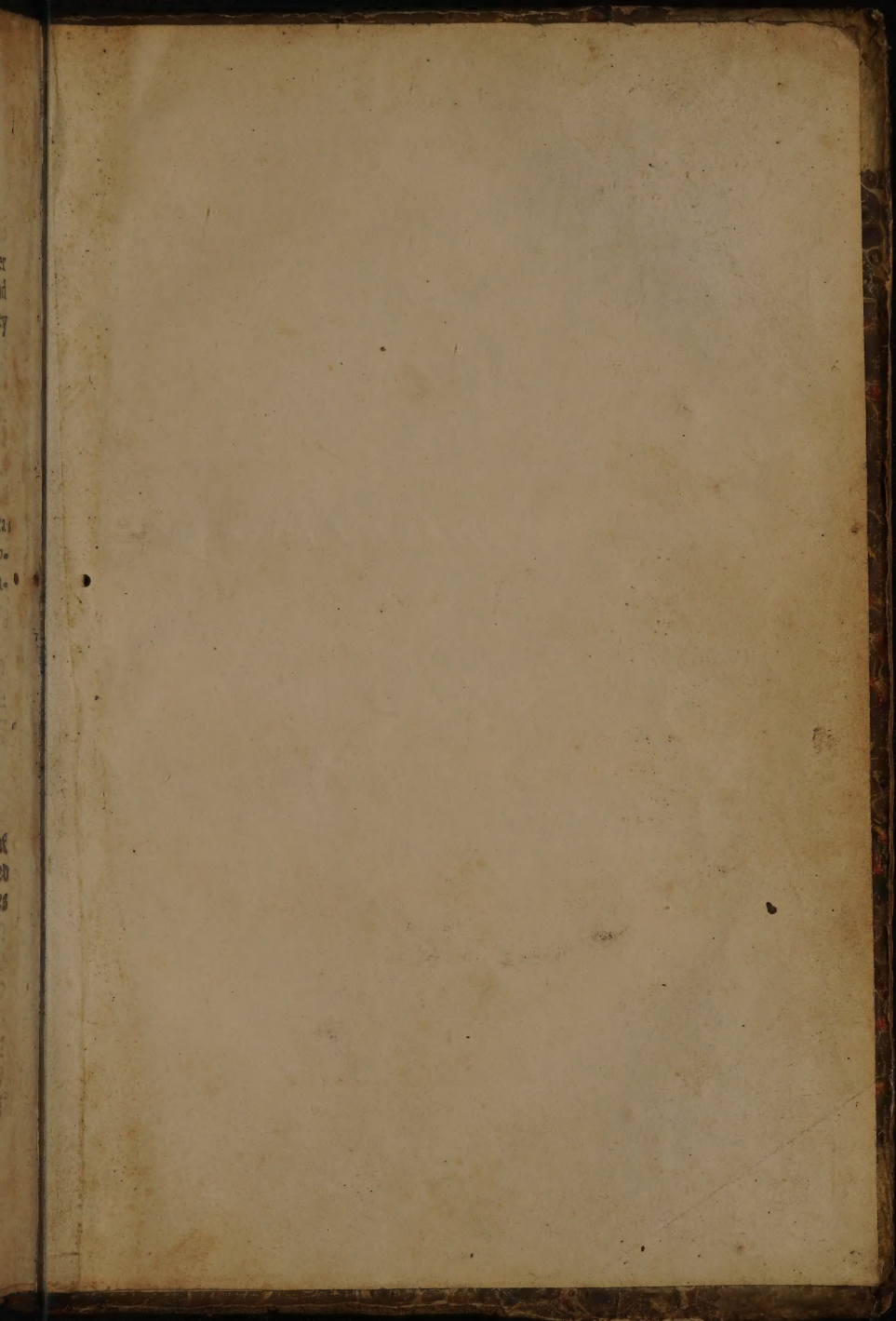
Pan-bake.

Penny-moxt.

Great Poppies.

These hearbs and oyl of
Roses is good to be applied
with cloths to the temples
of the head.

FINIS.



1. *1. The Obedience*

Love

Purity

Honesty

Truth

Contentment

Read all that will but not my
Down will i love if will love
And you love you that love for
Up and you if you should you
must be for get
go

